

# Employment Effects of Healthcare Policy: Evidence from the 2007 FDA Black Box Warning on Antidepressants\*

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**ABSTRACT:** Public policies aimed at improving health may have indirect effects on outcomes such as education and employment. We study the labor market effects of the US Food and Drug Administration's 2007 expanded black box warning on antidepressants. Our difference-in-differences estimates imply that the warning reduced employment by 6.1 percent among women aged 35-49 with a history of depression. We explore potential mechanisms and find that antidepressant and psychotherapy use among women aged 35-49 decreased after the warning. Our analysis suggests that the 2007 warning reduced US labor force participation by 0.23 percentage points, leading to \$13 billion in lost wages.

**KEYWORDS:** Mental Health, Employment, Antidepressants, Black Box Warnings

**JEL CLASSIFICATION:** I18, D83, J22

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# 1 Introduction

Since the year 2000, antidepressant use in the United States has risen 65 percent. Between 2011 and 2014, almost 13 percent of Americans aged 12 and over reported using an antidepressant in the past month (Pratt et al., 2017). Prescription antidepressants are the most common treatment for depression and anxiety disorders, the diagnostic rates of which have also grown steadily over the last few decades (see Figure 1).<sup>1</sup> Among the many personal and societal consequences of these disorders, Ettner et al. (1997), and more recently Cronin et al. (2018), show empirically that mental illness can have a substantial negative impact on the labor market outcomes of affected individuals.<sup>2</sup> For example, Ettner et al. (1997) estimate that individuals with a mental illness are roughly 13 percentage points less likely to work and that employed women with a mental illness earn 30 percent less annually than women without a mental illness.

The extent to which antidepressants protect the employment and productivity of those with depression and anxiety is an open question. Furthermore, it is unclear the extent to which government policy could or should impact labor market outcomes by promoting mental health treatment.<sup>3</sup> We provide insight on these questions by analyzing the labor market effects of the US Food and Drug Administration’s (FDA) 2007 expanded black box warning on antidepressants. A black box warning appears on a prescription drug’s label (or package insert) and is meant to call attention to serious adverse or life-threatening side effects. It is the strongest warning required by the FDA. In October 2004, the FDA required that drug manufacturers of 36 antidepressants include a black box warning of increased risk of suicidal thinking and behavior (suicidality) for children and adolescents. The warning was expanded on May 2, 2007 to include young adults aged 18-24. Furthermore, the expanded warning contained language recommending patients of all ages who are started on antidepressant therapy be monitored carefully.

While a number of studies in the economics literature have examined the impact of the 2004 warning on antidepressant use, this study is the first to estimate the impacts of the 2007 expanded warning on prescription antidepressant utilization and the employment of affected individuals. If antidepressant use declined in response to the expanded warning, the labor market outcomes of those suffering from depression may have been affected. There are several reasons to expect, *a priori*, that the expanded warning had important implications for antidepressant use among the prime working-age population. First, while the 2004 warning targeted individuals under 18 years old, the 2007 warning targeted young adults aged 18-24, a group that is less likely to live in their parents’ home and more likely to be in the workforce. Second, the limited research that examines how *adult* antidepressant use responded to

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<sup>1</sup>Depression and anxiety are often discussed as a single mental illness because they share common symptoms and treatments. In this paper, we do not distinguish between the two, but recognize there are important and nuanced clinical differences.

<sup>2</sup>These findings are consistent with the long-held view among economists that health is a form of human capital (Grossman, 1972). Currie and Madrian (1999) summarize a large body of empirical research indicating that both physical and mental health have important effects on educational attainment, labor supply, and earnings.

<sup>3</sup>In recent years, policy makers have made numerous attempts to curb the growth of mental illness in the U.S., mostly by lowering the cost of mental health treatment. Examples include state-level mental health parity laws passed throughout the 1990s and early 2000s; the (federal) Mental Health Parity Act of 1996 and Mental Health Parity and Addiction Equity Act of 2008; and the Patient Protection and Affordable Care Act of 2010, which made mental health one of 10 essential health benefits all individual and small-group insurance plans must cover.

the 2004 warning finds a significant decline in adult utilization; thus, it is possible adults older than 24 (and in their prime-working years) responded to the 2007 warning. Last, the 2007 expanded warning recommended that new patients of all ages receive enhanced monitoring.

We use cross-sectional data from the nationally representative National Survey on Drug Use and Health (NSDUH) to estimate the effects of the FDA’s 2007 expanded black box warning on the employment of men and women aged 18-49. We use a difference-in-differences strategy that compares the employment of ever-depressed individuals, before and after the warning, to the employment of never-depressed individuals. We find that employment among ever-depressed women aged 35-49 decreased by 6.1 percent (4.4 percentage points) in response to the expanded warning. The warning did not have a significant effect on employment for ever-depressed men or for ever-depressed women younger than 35. These results are robust to several alternative specifications and are corroborated in analyses using another nationally representative dataset, the National Health Interview Survey (NHIS). There are several notable characteristics of the subsample of women aged 35-49 that likely contribute to these findings. They experience depression at twice the rate of similarly aged men and 1.3 times the rate of women under 35, thus improving the precision of our estimates for this group.<sup>4</sup> Moreover, conditional on experiencing depression, 35-49 year old women are significantly more likely to use antidepressants than men (of any age) and women younger than 35, suggesting that women in this demographic are most likely to *consider* antidepressant use and, therefore, be affected by the warning.<sup>5</sup>

To further understand these findings, we explore several mechanisms through which the 2007 expanded black box warning may have affected employment. We study the most obvious mechanism, a decrease in antidepressant use, using the Medical Expenditure Panel Survey (MEPS). Consistent with the employment effects reported above, we find that (i) depressed women aged 35-49 were 19 percent (7.6 percentage points) less likely to use antidepressants in the eight months following the warning than they were prior to the warning, relative to similarly aged non-depressed women, and (ii) antidepressant use among men aged 18-49 and among women younger than 35 did not change following the warning. In line with the warning’s language regarding new antidepressant users, we find that the decrease in antidepressant use was stronger among new users than continuing ones. Furthermore, we find evidence of a decrease in psychotherapy use among depressed women aged 35-49 after the warning, suggesting complementarity between antidepressants and psychotherapy. We find no evidence that the 2007 expanded warning had an effect on alcohol consumption, marijuana use, or the use of benzodiazepines.

Our results underscore that public health policies can have significant and potentially unintended consequences beyond health and clinical considerations. Regarding the FDA’s 2007 expanded black box warning in particular, employment effects seem to be limited to depressed women in their mid-30s to late-40s. Given that these women were in their prime-working years, the overall economic impact is not trivial. In Section 6, we argue that, among other consequences, the warning decreased overall

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<sup>4</sup>Authors’ calculations using the Medical Expenditure Panel Survey (MEPS) 2006 cohort.

<sup>5</sup>The Centers for Disease Control and Prevention (CDC) reports similar depression-age-sex and antidepressant-age-sex statistics for slightly different age groups (Pratt and Brody, 2014; Pratt et al., 2017).

labor force participation by 0.23 percentage points and led to roughly \$13 billion in lost wages in the following year. Given existing research showing that the 2004 black box warning actually *increased* suicide rates (Gibbons et al., 2007; Busch et al., 2014) and worsened academic and behavioral outcomes for adolescents (Busch et al., 2014), our findings echo the concerns of other researchers regarding the efficacy and unintended consequences of the FDA’s black box warnings on antidepressants.

Our paper contributes to and expands the economics literature on the effects of the FDA’s black box warnings on antidepressants by (i) focusing on the 2007 expanded warning and (ii) estimating the indirect employment effects of the warning. The collective literature on the impact of the 2004 warning on pediatric and adolescent antidepressant utilization suggests declines in use of 20 percentage points or more (Gibbons et al., 2007; Nemeroff et al., 2007; Olfson et al., 2008; Libby et al., 2009; Busch et al., 2010, 2011; Parkinson et al., 2014), while estimated effects for adults are negative with varying magnitudes (Olfson et al., 2008; Libby et al., 2009; Parkinson et al., 2014).<sup>6</sup> In a paper closely related to ours, Busch et al. (2014) study indirect effects of the 2004 warning. Also using annual cross-sectional data from the NSDUH, the authors estimate the impact of the warning on academic and behavioral outcomes of adolescents aged 12-17 with probable depression using a difference-in-differences design. They find that adolescents with recent probable depression experienced a drop of 0.14 points in grade point average after the 2004 warning relative to those without probable depression. They also find increases in substance use and delinquency. Consistent with our findings, the indirect behavioral responses estimated by Busch et al. (2014) are driven entirely by girls.

Our paper also contributes to a growing literature that studies the labor market effects of medical treatments and innovations by exploiting treatment-related policy changes and information shocks. For example, Daysal and Orsini (2012) study the employment effects of hormone replacement therapy (HRT) on middle-aged women by exploiting the release of findings from the Women’s Health Initiative Study, which documented health risks associated with long-term HRT use – a negative information shock similar to the black box warning studied in this paper. Their estimates imply HRT use increases the short-term employment of middle-aged women by 33 percentage points. Shapiro (2018) studies the employment effects of direct-to-consumer advertising of antidepressants and finds greater advertising exposure significantly decreases missed days of work. Finally, two papers study the labor market effects of pain medication by exploiting the removal of Vioxx, a type of Cox-2 inhibitor, from the worldwide market in 2004 in response to information about adverse cardiac side effects. The removal of Vioxx decreased the probability of working for those with a joint condition by 22 percentage points in the U.S. (Garthwaite, 2012) and increased the quarterly probability of receiving disability benefits by 6 to 15 percent in Norway (Bütikofer and Skira, 2018). In sum, our paper complements the existing literature which shows that regulatory policies and information shocks related to medical treatments can have substantial spillover effects on the employment of those using the treatments.<sup>7</sup>

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<sup>6</sup>Responses among non-targeted groups have been observed with other FDA advisories and warnings (see Dusetzina et al. 2012 for a summary). For example, Dorsey et al. (2010) find that the FDA’s 2005 black box warning on antipsychotic medication, which targeted elderly individuals with dementia, led to statistically significant declines in atypical antipsychotic drug use among non-elderly individuals without dementia.

<sup>7</sup>Our paper also relates to a literature that studies the labor market effects of medical treatments, but does not exploit regu-

The remainder of the paper is organized as follows: Section 2 details the history of the FDA’s black box warnings on antidepressants. In Section 3, we describe the data and our empirical strategy. Section 4 contains our estimates of the impact of the 2007 expanded black box warning on employment, as well as robustness checks. In Section 5, we explore mechanisms through which the warning may have altered employment. Finally, in Section 6, we discuss the implications of our findings for public policy moving forward.

## 2 Background

Modern pharmaceutical antidepressants were first introduced in the 1950s and are currently one of the three most commonly used drug classes in the U.S. (Pratt et al., 2017). The most popular antidepressants today are selective serotonin reuptake inhibitors (SSRIs), the first of which, fluoxetine (marketed as Prozac), was introduced in 1987.<sup>8</sup> SSRIs grew in popularity, in part, because they have fewer side effects and are less toxic in overdose compared to earlier antidepressants, such as tricyclic antidepressants (TCAs). Recent research has proven both SSRIs and TCAs to be more effective at reducing depressive symptoms, on average, than a placebo.<sup>9</sup> In addition to depression, SSRIs and other antidepressants are now commonly prescribed for a multitude of ailments, including generalized anxiety, panic disorder, obsessive compulsive disorder, post-traumatic stress disorder, eating and sleep disorders, pain, and migraines (Wong et al., 2017).

The introduction of SSRIs produced an abundance of clinical research. By the late 1990s and early 2000s, a growing body of evidence indicated that some younger patients, particularly those under age 18, experienced an increase in the incidence of suicidal ideation, and potentially an increase in suicide attempts, after beginning treatment with an SSRI.<sup>10</sup> The most commonly cited theory as to why SSRIs, in particular, might increase suicidality, is that they tend to give new patients energy before altering their mood, potentially aiding a suicidal thought or attempt (Ludwig et al., 2009). The FDA’s first public recognition of this association came on June 19, 2003, when it released a statement saying paroxetine (marketed as Paxil), an SSRI, should not be used to treat major depressive disorder for children under 18. After a series of public health advisories,<sup>11</sup> the FDA mandated on October 15, 2004 that a black

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latory policies or information shocks (e.g., Thirumurthy et al., 2008; Papageorge, 2016; Jeon and Pohl, 2018; Harris et al., 2018).

<sup>8</sup>Serotonin is a neurotransmitter, a chemical that carries signals between brain cells. SSRIs block the brain’s reabsorption of serotonin, making more available.

<sup>9</sup>Cipriani et al. (2018) conduct a meta-analysis of 522 randomized control trials of 21 different antidepressants. The authors find all 21 drugs to be statistically more effective than placebo. These results echo those of an earlier meta-analysis (Kirsch et al., 2008) focused on clinical trials submitted to the FDA, including both approved and non-approved antidepressants.

<sup>10</sup>This body of evidence was systematically reviewed when the FDA sponsored a meta-analysis of over 20 pediatric randomized control trials and found among those 18 or younger, SSRI doubled the risk of suicidality versus receiving a placebo (4 percent versus 2 percent). None of the suicide attempts documented in the trials were fatal (Hammad et al., 2006). Antidepressants were first linked to an increase in the risk of suicide in the 1950s, when TCAs were introduced (Ludwig et al., 2009).

<sup>11</sup>On October 27, 2003, the FDA announced it would convene an advisory committee to examine risk of suicidality associated with antidepressant use in pediatric and adolescent patients. This announcement was accompanied by a public health advisory, distributed via MedWatch, to all US physicians recommending close supervision of all high-risk patients. On March 22, 2004, the FDA issued a second public health advisory urging clinicians to “carefully monitor patients on antidepressants for possible worsening of depression or suicidality.” Moreover, the FDA called on manufacturers of 10 antidepressants to add to their label a warning that all patients should be carefully monitored for suicidality.

box warning be added to all antidepressants describing increased risks of suicidality in children and adolescents. The specific wording of the warning can be seen in Appendix Figure A1.

Shortly after the FDA’s 2004 decision, the agency’s Division of Psychiatry Products was asked to expand their exploration of suicidality in antidepressant trials to the adult population. This was a major effort, involving 372 placebo-controlled antidepressant trials and almost 100,000 patients (Noel, 2015). On December 13, 2006, the FDA’s Psychopharmacologic Drugs Advisory (PDA) Committee met to consider the results of these trials. The meeting convened with a vote of six-to-two in favor of altering the black box warning in three ways: (i) expand the warning that the drug increases the risk of suicidality to include young adults *under the age of 24*; (ii) notify individuals 65 and older of a *reduced* risk of suicide while taking the drug; and (iii) state that patients of *all ages* who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. The new warning was announced to the public on May 2, 2007. The exact wording of the expanded warning can be seen in Appendix Figure A2. Both the FDA’s PDA committee meeting in December 2006 and the black box announcement in May 2007 generated significant media coverage.<sup>12</sup> Figure 2 contains a timeline of FDA announcements and actions on the association between antidepressants and suicidality.

### 3 Empirical Approach

#### 3.1 Data

The data we use for our main analyses come from the National Survey on Drug Use and Health (NSDUH). The NSDUH is a nationwide survey sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA) that provides information on demographics, substance use, mental health, other-health related issues, and labor market status. Every year the NSDUH surveys about 70,000 individuals age 12 and older.<sup>13</sup>

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<sup>12</sup>A LexisNexis search of “antidepressant warning (warnings)” for May 2007 reveals 807 (933) news articles, which is more than twice as many articles found in April or June of 2007. A search of those same terms for December 2006 reveals 672 (808) articles, also more than twice the articles found in November 2006 or January 2007.

<sup>13</sup>We considered many other data sources for our analysis. Importantly, our identification strategy requires that individuals be categorized as depressed (or not) and employed (or not) consistently during our time period of interest. The use of administrative claims data from a single large employer or large private health insurance company has grown popular in both health and labor economics literatures; however, these data are not ideal for our purposes, as depression status can only be inferred from the decision to seek treatment, which would leave a large fraction of the sample mis-categorized. Moreover, individuals exit these data upon leaving or switching employers, which would raise sample selection concerns. Among survey data alternatives, NSDUH and NHIS (~90,000 annual participants), the latter of which we analyze in Section 4.3, are the largest US datasets that meet these minimal criteria. Alternatives, such as NHANES (~5,000 annual participants), NLSY97 (~7,500 annual participants), Add Health (~16,000 annual participants), PSID (~24,000 annual participants), and MEPS (~30,000 annual participants) contain employment and mental health information, but offer substantially smaller samples, especially when we consider heterogeneity by coarse age groups. Furthermore, survey waves during our period of interest in Add Health only occur in 2001-2002 and 2008 and provide us a narrow age range to study (24-32 year olds in 2008). Likewise, NLSY97 provides only a small age range to consider as individuals were aged 22-28 in the 2007 wave. Both the PSID and NLSY97 were conducted biennially during our period of interest, making them unattractive for our empirical design. BRFSS (~430,000 annual participants) contains a mental health/stigma module as well as an anxiety and depression module, but these modules are not asked consistently each year of the survey and different subsets of states ask them in different years.

In 2004, the NSDUH began classifying individuals as having had a major depressive episode (MDE) in their lifetime if for a period of two weeks or longer, they (i) experienced at least 5 out of 9 symptoms commonly associated with depression and (ii) one of the symptoms was a depressed mood or loss of interest or pleasure in daily activities. The other symptoms reflect changes in functioning, such as problems with sleep, eating, energy, concentration and decisiveness, self-image and worth, or recurrent thoughts of death or suicide. This definition of MDE matches, almost exactly, the clinical definition of depression outlined in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).<sup>14</sup> We define our treatment group as those who have ever had an MDE in their lifetime and our control group as those who have never experienced an MDE in their lifetime.<sup>15</sup> Importantly, assignment to the treatment and control groups using lifetime MDE is *not* based on a medical diagnosis or an individual’s decision to seek treatment for depression. Assignment based on diagnosis and/or mental health treatment receipt could be problematic if the warning altered individual healthcare behaviors, potentially changing the composition of the treatment and control groups in a way that biases the difference-in-differences estimates.<sup>16</sup> We revisit this point in Section 4.2.

Our main outcome of interest is an indicator for whether the individual was employed in the past week, which includes those working full-time, working part-time, and who report having a job or a business but did not work in the past week. All others are defined as not employed, which includes the unemployed, the disabled, homemakers, those in school or training, the retired, and those without a job for some other reason.

The NSDUH contains rich information on demographics, such as the individual’s gender, race, ethnicity, marital status, educational attainment, and whether he/she lives in a large metro, small metro, or non-metro. For those aged 12-21, age is known in years. In the public-use data, an individual’s precise age in years is not available if he/she is over the age of 21. Instead, the NSDUH bins the following ages together: 22-23, 24-25, 26-29, 30-34, 35-49, 50-64, 65 and older. Our sample consists of those aged 18-49; individuals in their prime-working years. We also estimate our models on subsamples of coarse age groups, including those aged 18-25, 26-34, and 35-49. We consider these groups because 18-25 year olds were directly targeted by the 2007 warning and 26-34 year olds were just outside the targeted age range. Studying those aged 35-49 allows us to examine whether the warning affected individuals well outside the targeted group. Moreover, the warning also applied to “patients of all ages who are started on antidepressant therapy,” providing another reason to examine responses among older individuals. We have chosen not to study individuals over the age of 50 to avoid distinguishing between unemployment and retirement. By excluding those over 50, we also

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<sup>14</sup>Unlike the definition in the DSM-IV, no exclusions were made for an MDE caused by medical illness, bereavement, or substance use disorders in NSDUH. The DSM-IV is published by the American Psychiatric Association and offers a common language and standard criteria for classifying mental disorders.

<sup>15</sup>In referencing the treatment group, we will often describe individuals as having experienced “a lifetime MDE.”

<sup>16</sup>In comparison, the treatment group in Busch et al. (2014) consists of those with probable depression, defined as receiving any treatment or counseling services for emotional or behavioral problems from a range of sources over the past 12 months. The authors conduct, and pass, a number of specification tests to defend their identifying assumption that the composition of their treatment and control groups is stable; however, none of these tests can guarantee that unobserved characteristics of the groups do not change. They use the “probable depression” definition because the validated diagnostic instrument for MDE that we use was not asked until 2004.

avoid considering how conditions like Alzheimer’s and menopause interact with depression, which would lead to a more varied and complicated understanding of depression and employment across age groups.

We use data from 2005 to 2008 inclusive. Our sample starts in 2005, which was the first full year the MDE-related questions were asked to all adult respondents. Beginning in 2005 is also advantageous because it allows us to avoid capturing responses to the 2004 black box warning and FDA advisories that preceded the initial warning.<sup>17</sup> We do not consider years beyond 2008 to avoid the worst of the Great Recession and its potential effects on employment and healthcare. NSDUH interviews are conducted quarterly. To improve statistical power, we consider 6-month periods (i.e., in a given calendar year, quarters 1 and 2 make up one period and quarters 3 and 4 make up another period).<sup>18</sup> We consider all eight 6-month periods from 2005 to 2008. Our sample consists of 59,048 male observations and 67,468 female observations.

In Tables 1 and 2 we present summary statistics for men and women, respectively, by whether or not they experienced a lifetime MDE and by coarse age groups from 2005-2008. We also show the pre- and post-warning employment means for each group. Women are almost two times more likely to have experienced a lifetime MDE than men. Men of all ages with a lifetime MDE are less likely to be employed. For women younger than 35, employment rates are similar for those with and without a lifetime MDE. However, women aged 35-49 with a lifetime MDE are less likely to be employed than those without. On average, both men and women with a lifetime MDE are more highly educated, are less likely to be married, and are more likely to be white than those who have not experienced an MDE in their lifetime. We control for these characteristics in our regressions.

### 3.2 Empirical Strategy

We estimate the following difference-in-differences model using OLS:

$$Emp_{it} = \alpha_0 + \alpha_1 MDE_{it} + \alpha_2 MDE_{it} \times Post_t + \alpha_3 X_{it} + \tau_t + \varepsilon_{it} \quad (1)$$

where  $Emp_{it}$  is an indicator for whether person  $i$  is employed at time  $t$  (where time is measured in 6-month intervals).  $MDE_{it}$  is an indicator for whether person  $i$  has had an MDE in their lifetime.  $Post_t$  is an indicator equal to 1 starting in 2007. We define the first half of 2007 as “treated” because the FDA advisory committee agreed that antidepressant labeling changes were needed during their meeting in mid-December 2006 and the expanded black box warning was announced by the FDA on May 2, 2007. Given the media coverage of the December meeting (see footnote 12), healthcare providers and patients may have responded to that meeting and the proposed labeling changes before the black box warning was formally announced. If providers and patients responded only to the May 2007 announcement, then including the first half of 2007 in the post-warning period will cause our estimates to be conservative.<sup>19</sup>

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<sup>17</sup>To address concerns that the 2004 warning impacted antidepressant use trends, and subsequently employment, in 2005, we conduct robustness tests in Section 4.3 that drop the first and second half of 2005 from the sample.

<sup>18</sup>We have also estimated our models with time measured in quarters and results are qualitatively similar.

<sup>19</sup>We examine the sensitivity of our results to the definition of  $Post_t$  and the exclusion of the first half of 2007 in Section 4.3.



$X_{it}$  are individual controls, including age, education, race, marital status, and metro status, and  $\tau_t$  are time fixed effects. In all our models, we use NSDUH sampling weights, which are representative of the US population and account for survey non-response, and we report heteroskedastic-robust standard errors.

The coefficient of interest is  $\alpha_2$ , which represents the change in the probability of employment of individuals with a lifetime MDE following the expanded black box warning in 2007, compared to the change in the probability of employment of individuals without a lifetime MDE. Our identification strategy, like that of Busch et al. (2014), relies on two key assumptions: (i) the composition of the treatment and control groups did not change in response to the warning and (ii) employment trends for the treatment and control groups would have been the same in the absence of the warning (i.e., the parallel trends assumption). We provide evidence supporting these assumptions in Section 4.2.

## 4 Results

### 4.1 Main Findings

The difference-in-differences estimates are displayed in Table 3. We present results separately by gender, for the full sample (i.e., those aged 18-49) and for our three coarse age groups (18-25, 26-34, 35-49 year olds). We find no significant effect of the 2007 black box warning on the employment of men who have experienced a lifetime MDE. Women aged 35-49 with a lifetime MDE experienced a 4.4 percentage point ( $p=0.039$ ) decline in employment in response to the expanded warning, a 6.1 percent decline relative to the pre-warning mean for this group. There was no significant impact of the warning on the employment of women under the age of 35.

We then reestimate Equation 1 allowing the effects of the warning to vary over time. That is, we replace  $MDE_{it} \times Post_t$  with separate interactions between  $MDE_{it}$  and indicators for each post-warning period. Results are shown in Table 4. Again, we find that the warning had a significant effect on the employment of 35-49 year old women, but no other subgroup. The negative employment effect for this group in the baseline difference-in-differences model is driven by an 8 percentage point decline in employment in the second half of 2007, with no significant decline in the first half of 2007. The point estimates in the first and second halves of 2008 are negative and smaller in magnitude (a 3-4 percentage point decline), but are not precisely estimated. Moreover, we cannot reject the null hypothesis that the warning reduced employment equally in all post-warning periods ( $p=0.53$ ).

These results suggest that the 2007 expanded black box warning did not affect the employment of the targeted age group of 18-24 year olds. Instead, the warning led to a decline in employment among women aged 35-49, with the effect concentrated shortly after the warning was announced. While these results may seem surprising, a response by adults, particularly female adults, can be rationalized. First, while the 2007 warning explicitly targeted 18-24 year olds, language was added that applied to all new antidepressant users. Second, Tables 1 and 2 show that females experience higher rates of depression than men, and Blanchflower and Oswald (2016) and Pratt et al. (2017) show that among the subsamples we study,

antidepressant use is highest for women aged 35-49. Thus, it could be that statistical power is larger in our 35-49 year old female sample as there are more individuals who consider antidepressant therapy. Third, several studies from the psychiatry literature argue that women may be more responsive to antidepressants than men (Kornstein et al., 2000; Young et al., 2009; Sramek et al., 2016). Fourth, Olfson et al. (2008), Libby et al. (2009), and Parkinson et al. (2014) show that adults responded to the 2004 black box warning by reducing their antidepressant use, despite the warning having no stated relevance for adults. Last, Busch et al. (2014) only find significant indirect (adverse) effects of the 2004 warning for adolescent girls.

## 4.2 Support for Identifying Assumptions

We next provide support for the two main identifying assumptions underlying the difference-in-differences model. First, we address concerns related to changes in the composition of our treatment group. As previously stated, because the individuals comprising our treatment group have experienced an MDE in their lifetime, we think these concerns are muted relative to strategies that define the treated group based on diagnosis or the receipt of mental healthcare. Nevertheless, one might worry about individuals who never experienced a lifetime MDE prior to the warning and develop depressive symptoms after the warning. If in the absence of the warning some of these individuals would seek out treatment (that prevents their symptoms from intensifying), but do not do so in the presence of the warning and subsequently experience a major depressive episode, then this may introduce a different set of depressed individuals into the treatment group.<sup>20</sup> To address these concerns, in Figure 3, we plot the share of men and women who ever experienced MDE in their lifetime throughout our sample period. There are no abrupt or sharp changes in the proportion of individuals (overall or by age group) with a lifetime MDE after the warning.<sup>21</sup>

In the spirit of Busch et al. (2014), we also estimate versions of Equation 1, where we use each covariate in  $X_{it}$  (i.e., age, education, race, marital status, and metro status) as the outcome variable and test whether the coefficient on  $MDE_{it} \times Post_t$  is significant. While all tested characteristics are included as controls in the main difference-in-differences model (i.e., where employment is the outcome of interest), evidence of significant changes in these characteristics would raise concerns regarding *unobserved* compositional changes, which would threaten the validity of our identification strategy. For men aged 18-25, 4 out of 17 coefficients were significant at the 5 percent level, and for men aged 26 to 34, 2 out

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<sup>20</sup>Similarly, one might worry about those who never experienced an MDE prior to the warning because they took antidepressants to keep mild or moderate depression under control. The warning could lead some of these individuals to stop taking antidepressants, triggering an MDE.

<sup>21</sup>It has been suggested that the group of individuals who have experienced MDE in their lifetime may be largely comprised of those with a history of depression, meaning this particular depression measure may not change much over time and may mask small changes in the proportion of individuals who recently experienced an MDE. In Appendix Figure A3, we present plots of the share of individuals who experienced MDE in the past year. We find these proportions are quite stable. We prefer using MDE in one's lifetime rather than in the past year to define the treatment group because it allows us to include more individuals who may be affected by the warning (i.e., individuals who may use or consider using antidepressant therapy), such as those with a history of depression (not just recent depression) as well as those who currently suffer from mild or moderate depression that was more severe in the past. According to Pratt et al. (2017), roughly 45 percent of all antidepressant users in the U.S. have been taking antidepressants for over 5 years. If antidepressants are effective in preventing major depressive episodes, a large share of antidepressant users could in fact not have experienced an MDE in some time.

of 17 coefficients were significant at the 5 percent level. There were no coefficients significant at  $p=0.05$  for women in the three age groups we consider or for men aged 35-49. Thus, out of 102 coefficients, only 5.9 percent were significant at the 5 percent level. Half of the significant male coefficients relate to small changes in racial or ethnic groups that make up less than 1 percent of the sample (e.g., Hawaiian/Pacific Islander), which we suspect are unlikely to impact our estimates.<sup>22</sup> Thus, we interpret the results of this exercise as evidence that compositional changes in the treatment group are not a large concern, particularly for women aged 35-49, the group for whom we find declines in employment due to the warning.

Our second identifying assumption is that pre-warning employment trends for the ever- and never-depressed groups are parallel. We test this assumption using an event-study design. Specifically, we estimate a generalized difference-in-differences model of the form:

$$Emp_{it} = \alpha_0 + \alpha_1 MDE_{it} + \sum_{\ell=2005Q1/2}^{2008Q3/4} \pi_{\ell} \mathbb{1}(t=\ell) \times MDE_{it} + \alpha_3 X_{it} + \tau_t + \varepsilon_{it}. \quad (2)$$

The indicator for the second half of 2006 is omitted; thus, the  $\pi_{\ell}$  coefficients describe the evolution of employment before and after the black box warning relative to 2006Q3/Q4. This specification provides both a visual and statistical summary of the differences in pre-warning employment trends for the treatment and control groups across subsamples. Figure 4 shows plots of the  $\pi_{\ell}$  coefficients from Equation 2 along with 95 percent confidence intervals for men and women. The figures show no differences in the pre-warning employment trends of the treatment and control groups. In fact, relative to the base period, we find no statistically significant employment differences between treatment and control groups in any of the pre-warning periods for any of the subsamples analyzed.

### 4.3 Robustness Checks

We perform a number of robustness exercises. First, we estimate our model under alternative timing assumptions. Second, we address concerns related to the Great Recession. Third, we estimate our model using two alternative definitions of depression. Fourth, we provide evidence from the National Health Interview Survey (NHIS) that corroborates our findings from the NSDUH. For brevity, for most of these robustness checks, we show results only for women aged 35-49, the group for which we find significant employment effects, and we briefly discuss the results for the other subgroups. Parameter estimates for the other groups are available by request.

#### 4.3.1 Alternative Timing Assumptions

In our baseline specification, we classify the first half of 2007 as part of the post-warning period because the FDA advisory meeting where labeling changes were discussed took place in December 2006 and the black box warning was announced in May 2007 (see Figure 2). If individuals did not respond to the FDA

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<sup>22</sup>Results from this exercise are available upon request.

meeting but only to the black box announcement, then the first half of 2007 is only partially treated. We reestimate Equation 1 dropping the first half of 2007 from the sample. Results are presented in column 1 of Table 5. Relative to our baseline estimates, the decline in employment for women aged 35-49 increases in magnitude to 5.1 percentage points, which is consistent with the first half of 2007 being an intermediate, partially-treated period that makes our baseline estimates conservative. We then reestimate Equation 1 including the first half of 2007 but defining  $Post_t$  to be equal to 1 starting in the second half of 2007, such that only 6-month periods that are fully treated after the black box warning announcement are considered to be in the post-warning period. Results are presented in column 2 of Table 5. We find that women aged 35-49 experienced a 4.6 percentage point decline in employment. For both these specification checks, we find no significant impact of the warning for men or for women under the age of 35. Thus, our results are not sensitive to alternative timing assumptions regarding the warning.

Our baseline specification includes the first and second halves of 2005 in the pre-warning period. Including these periods could be problematic if the 2004 warning continued to have an effect on antidepressant use trends in 2005. Specifically, the 2004 warning could cause a declining employment trend for the (lifetime MDE) treatment group that is not mimicked by the control group, leading to a violation of the parallel trends assumption and an overstatement of the true treatment effects. The event study results do not indicate that this is a concern; nevertheless, we reestimated our model, first excluding the first half of 2005 from the sample, then excluding the second half of 2005 as well. The results are presented in columns 3 and 4 of Table 5. When we drop the first half of 2005, we find a 5.9 percentage point decline in employment for women aged 35-49. When we drop all of 2005, we find a 6.9 percentage point decline in employment for these women. We find no significant effects for the other subgroups. These estimates are similar in magnitude to our main findings; moreover, our treatment effects are larger when 2005 is removed, which runs counter to the narrative above. Existing literature on the antidepressant response to the 2004 black box warning further supports including data from 2005 in our analysis, as most studies find that the primary antidepressant response took place after the various FDA hearings and advisories in late 2003 and early 2004 that eventually led to the black box announcement in October (Nemeroff et al., 2007; Olfson et al., 2008; Busch et al., 2014). In fact, in their examination of the indirect effects of the 2004 warning on adolescents, Busch et al. (2014) treat the first quarter of 2004 as the first treated period, despite the fact that the warning was not announced until October of that year.

### 4.3.2 The Great Recession

Another potential concern is that our sample period, particularly the post-warning period, overlaps with the Great Recession (which started in December 2007 and ended in June 2009 according to the National Bureau of Economic Research), which may impact our estimates. In particular, if the recession had a greater employment impact on depressed individuals than non-depressed individuals, then our estimates would confound the effects of the black box warning and the recession. We think this is unlikely for two reasons. First, the time-varying effects of the warning suggest the employment response by women

occurred in the second half of 2007 and eroded in magnitude after. If the Great Recession influenced our results, we would expect to find larger effects towards the end of the sample period when the recession worsened. Second, we find significant effects of the warning for women and no significant effects for men, while the literature suggests men experienced more employment declines and unemployment increases than women during the Great Recession (Hoynes et al., 2012).

Nevertheless, it is possible that those in poor health were impacted earlier and more significantly by the recession, perhaps because they were less likely to be hired and/or more likely to be laid off. If this is the case, we would also expect to find declines in employment for individuals with chronic health conditions, such as asthma, diabetes, or high blood pressure. Moreover, given that body weight is (i) correlated with diabetes and high blood pressure and (ii) more easily observable to employers than mental health problems, we might expect an even stronger employment effect for individuals suffering from those conditions, were the above narrative correct. To test this idea, we reestimate Equation 1 but define the treatment group as individuals who have ever been diagnosed with asthma, diabetes, or high blood pressure. Results for all groups are presented in Appendix Tables A1 and A2. We find no significant effect of the warning (i.e., post-2007) on individuals with these conditions, giving us confidence that the employment declines we find for women are not driven by the recession impacting those with poor physical or mental health. Furthermore, we view this exercise as a more general placebo check that provides evidence that our estimated effect of the warning on women does not simply reflect some other change (perhaps in healthcare policy) that impacted individuals with poor health during this time.

### 4.3.3 Alternative Depression Definitions

As explained in Section 4.2, our preference is to define the treatment and control groups using lifetime MDE status because the warning is unlikely to alter the composition of these groups. That said, one concern is that the NSDUH definition of MDE is almost the exact diagnostic indicator for Major Depressive Disorder outlined by the DSM-IV (see footnote 14), meaning some individuals suffering from minor forms of depression could be in our control group. In this section, we reestimate Equation 1 using two alternative definitions of depression to categorize individuals into treatment and control groups. First, we define the treatment group as those who have ever been told by a doctor or medical professional they have depression or anxiety. While this definition allows for individuals with more minor forms of depression to be categorized as depressed, entry into the treatment group depends on a diagnosis (i.e., seeking out treatment); therefore, the warning is more likely to lead to compositional changes in the treatment and control groups than our preferred definition. Given that our objective is to expand the original treatment group to include individuals with minor depression, our second new definition categorizes as depressed anyone with a lifetime MDE *or* who has ever been told by a doctor they have depression or anxiety.

The results using these alternative depression definitions can be found in columns 5 and 6 of Table 5. Using the first definition, we find that for women aged 35-49, the warning reduced employment by 3.9 percentage points, and we find a 3.6 percentage point decline for this group using the second definition.

We again find no significant effects for males or for women under the age of 35.

#### 4.3.4 National Health Interview Survey

We show in the above subsections that our main finding – that the FDA’s 2007 expanded black box warning on antidepressants led to a significant reduction in employment for ever-depressed women aged 35-49 – is robust to several alternative specifications and assumptions. Moreover, we argued in Section 4.1 that there are numerous reasons why this result should be viewed as unsurprising. Despite this evidence, because the largest employment effects are found among a non-targeted group, there may be concerns that our results are a statistical anomaly or are in some way driven by the survey data used. In response to these concerns, in this section we repeat the above analysis using the National Health Interview Survey (NHIS), an annual household survey conducted by the National Center for Health Statistics. NHIS is a large cross-sectional survey that is representative of the non-institutionalized US population, and it contains information on a broad range of health topics, as well as demographics and labor market status.

Questions about experiencing a major depressive episode are not available in the NHIS for our time period of interest. Instead, we use the Kessler-6 (K6) scale to define our treatment and control groups.<sup>23</sup> The K6 is commonly used in the mental health literature. The scale is calculated from responses to six questions of the form: “During the past 30 days, how often did you feel . . . [nervous, hopeless, restless or fidgety, so depressed that nothing could cheer you up, that everything was an effort, worthless]?” For each question, a value of 0, 1, 2, 3, or 4 is assigned to the answers “none of the time,” “a little of the time,” “some of the time,” “most of the time,” or “all of the time,” respectively. The K6 is calculated by summing the scores from each of the six questions, generating a 0-24 scale, with higher scores indicating a greater tendency towards mental illness. Scores greater than 13 are associated with severe mental illness, while scores greater than 4 and less than 13 are associated with moderate mental distress. A cutoff of 4 has been identified as optimal in identifying respondents with mental health treatment needs (Prochaska et al., 2012). Thus, our treatment group consists of individuals with a K6 score greater than 4, which describes roughly 20 percent of women and 15 percent of men aged 18-49 in our sample. Because the K6 score reflects recent mental distress, it likely does not capture individuals who have suffered from depression in the past, but do not currently experience depressive symptoms, perhaps because they receive mental health treatment like antidepressants. If those individuals responded to the black box warning, our estimates will be biased toward zero since individuals in the control group responded to the treatment. This is also the reason the NHIS is not our preferred sample.

We estimate Equation 1 using the NHIS data, replacing  $MDE_{it}$  with an indicator for whether an individual has a K6 score greater than 4. Our main outcome of interest is again an indicator for whether the

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<sup>23</sup>The only other depression measure consistently recorded by NHIS requires that an individual reports an activity limitation. If an individual reports being unable to work, perform personal care activities, like bathing and dressing, or perform routine errands and chores, then the survey design allows them to attribute the limitation to depression (among several other conditions). Thus, for individuals who do not experience activity limitations, their depression status is unknown. During our period of interest (2005-2008), the NHIS included some specific questions about depression and anxiety, but did not do so consistently across years. For example, only in 2008 did the survey ask individuals whether they ever had depression or anxiety, and only in 2007 did it ask whether the respondent had been frequently depressed or anxious in the past year.

individual was employed in the past week, which includes individuals who worked for pay in the past week, did not work in the past week but have a job, and those who worked but not for pay in the past week.<sup>24</sup> Like the NSDUH, the NHIS data contains the quarter the interview was conducted. Again, to increase statistical power, we group the data into 6-month periods. The NHIS also has detailed demographic information on race, ethnicity, education, marital status, and Census region, which we control for in the regressions. An advantage of the NHIS is that it contains precise age in years. We, therefore, control for age and age squared.<sup>25</sup> We again estimate our model on individuals aged 18-49 and the three coarse age groups (18-25, 26-34, 35-49 year olds). Descriptive statistics for our NHIS sample are presented in Appendix Tables A3 and A4.

The same identifying assumptions discussed in Section 4.2 must be met when using the NHIS. In Appendix Figure A4, we show the proportion of individuals with a K6 score greater than 4 over the sample period.<sup>26</sup> For men aged 26-34 and 35-49 as well as women aged 35-49, the proportion of individuals with a K6 greater than 4 is quite stable over the sample period. For other groups, there is about a 5 percentage point increase in depression towards the end of the sample period. We also present event study estimates in Figures A5 and A6. We generally do not find evidence of strong pre-trends. In sum, we view our identification strategy as imperfect for men aged 18-25 and women under 35 when using NHIS data; however, our main objective in turning to the NHIS is to determine whether the significant negative employment effects found for women aged 35-49 in the NSDUH are robust. For this subsample, the assumptions required for our identification strategy seem to be satisfied.

The difference-in-differences estimates using the NHIS are presented in Table 6. We find no significant impact of the warning on men or women. For women aged 35-49, there is a decline in employment after the warning, but it is not precisely estimated. Given the robust decline in employment for women aged 35-49 with a lifetime MDE in the NSDUH and the fact that age in years is available in the NHIS, we take advantage of knowing age precisely and explore whether there are effects for women within the 35-49 age range. We tested every age band of 5 or more years between ages 35 and 49. This analysis, which is available upon request, suggested that the subgroup of 36-44 year old depressed women were the most consistent responders to the warning. These women experienced a 5.5 percentage point ( $p=0.055$ ) decline in employment, an 8.4 percent decrease relative to the pre-warning mean for this group of women. Results are shown in column 1 of Table 7.<sup>27</sup>

Another advantage of the NHIS is that it contains additional outcomes related to employment and health that could be impacted by the 2007 warning. In particular, respondents are asked to report the

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<sup>24</sup>Our results are not sensitive to including those who work, but not for pay, as they make up a tiny part of the sample.

<sup>25</sup>Our results using the NHIS are not at all sensitive to the inclusion of age and age squared, which alleviates concerns that not controlling for age in years when using the NSDUH affects our estimates.

<sup>26</sup>For brevity, we often refer to those with a K6 score greater than 4 as “depressed.”

<sup>27</sup>The proportion of women aged 36-44 with a K6 score greater than 4 is stable across the sample period, and we do not find evidence of differential pre-warning trends among this subgroup. Within this 36-44 age range, effects on employment are largest and most precisely estimated when considering 38-44 year old women (7 percentage point decline,  $p=0.030$ ). When we extend the 36-44 age band by 1 year on either side, we find qualitatively similar declines in employment (of about 4 percentage points), but with  $p$ -values between 0.10 and 0.20. We also experimented with different age bands for men and for younger women. None of that experimentation generated employment effects that were significantly different from zero.

number of days during the past year that an illness or injury kept them in bed for more than half the day (henceforth “bed days”). It also contains information on whether individuals are currently unable to work due to a physical, mental, or emotional problem and whether individuals are limited in the kind or amount of work they can do because of such a health problem. We consider an indicator that takes on a value of 1 for those who are unable to work or are limited in the work they can do due to a health problem. Finally, the survey asks individuals if they have any “activity limitations” related to work, personal care (e.g., eating, bathing, dressing, etc.), and routine needs (e.g., household chores, shopping, etc.). If any limitations are identified, the respondent is asked to specify the health condition(s) causing the limitation(s), with one of the conditions being “depression/anxiety/emotional problem.” We create an indicator that takes on a value of 1 for those who have a limitation due to depression, anxiety, or emotional problem, and 0 otherwise (including both those without any limitations and those with limitations that are not due to depression).

We examine whether the 2007 warning impacted these additional outcomes for women aged 36-44 using our difference-in-differences strategy, with results presented in columns 2-4 of Table 7.<sup>28</sup> We find no significant change in bed days. The probability of being unable to work or having a work limitation due to a health problem increases by 4.3 percentage points among those with depression, a 19 percent increase relative to the pre-warning mean for this group. We find a 4.7 percentage point increase in the probability of having an activity limitation due to depression (anxiety or emotional problem) among depressed women, a 66 percent increase relative to the pre-warning mean. Thus, this analysis corroborates the declines in employment we find among depressed women in their late 30s and 40s. For these same women, work limitations increased after the warning as did the probability of having activity limitations due to depression, suggesting depression became a barrier to employment for some after the expanded warning.<sup>29</sup>

## 5 Mechanisms

The above results suggest that employment fell for women aged 35-49 in response to the 2007 expanded black box warning on antidepressants. The most likely reason for this effect is that the warning led to a decline in antidepressant use, worsening mental health, leading to lower rates of employment. In this section, we first provide evidence that antidepressant use did in fact decline for women aged 35-49. We then explore a number of other potential mechanisms.

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<sup>28</sup>Estimates of the impact of the warning on these additional outcomes for our standard subgroups of men and women are available by request. We find increases in the probabilities of having a work limitation due to a health problem as well as an activity limitation due to depression for men aged 18-25 with depression. As mentioned above, in Figure A4, there is a noticeable up-tick in depression among this group of men, which may be driving the effects we find on these other outcomes. We find no significant effects for the other subgroups.

<sup>29</sup>As with the NSDUH data, we conduct placebo tests on the four outcomes examined in Table 7, replacing the previous treatment group definition (i.e., K6 score greater than 4 in the past 30 days) with “ever diagnosed with asthma, diabetes, or high blood pressure.” Using these alternative placebo treatment groups, we find no significant impact of the post-warning period on the four outcomes for 35-49 or 36-44 year old women. Again, these findings suggest that the estimated effect of the black box warning on women in their 30s and 40s does not reflect the effect of some alternative healthcare-related shock that affected individuals with poor health.



## 5.1 Impact of 2007 Expanded Warning on Antidepressant Use

We use the Medical Expenditure Panel Survey (MEPS) data and a difference-in-differences strategy similar to what was described above to study the impact of the 2007 expanded black box warning on antidepressant use.<sup>30</sup> The MEPS, which is collected by the Agency for Healthcare Research and Quality (AHRQ), has been administered continuously since 1996. The MEPS contains detailed health, illness, medical expenditure, health insurance, and demographic information for a nationally representative sample of households in the U.S. New participants are added annually, drawn randomly from the previous year’s NHIS sample. Each cohort is interviewed five times over the two years that follow January 1st of the cohort year.

The MEPS data have several characteristics that make it well-suited for this analysis. First, survey participants report all prescription drugs that they take by name, allowing us to determine whether an individual is taking an antidepressant known to carry a black box warning.<sup>31</sup> Second, depression and anxiety, which can be reported in each interview period as diagnosed or inferred from interview responses, are coded using ICD9-CM codes.<sup>32</sup> Measuring depression and anxiety via ICD9-CM codes has advantages over the MDE measure from the NSDUH and the K6 measure from the NHIS, as it is easier to interpret, includes both those with major and minor depressive disorders, and is less likely (than the K6) to be influenced by the use of antidepressants. Third, the panel nature of the data allows us to examine prescription drug behavior for the same individuals, before and after the warning. As such, with the MEPS, we can ensure that the ever-depressed and never-depressed groups are fixed over time.

We use the 2006 MEPS cohort, which is comprised of individuals who complete their first interview in the first half of 2006 and their last interview in December of 2007, so they are observed before and after the warning. Summary statistics for this cohort by sex and age group (18-25, 26-34, 35-49, and

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<sup>30</sup>The NSDUH includes some information that could be interpreted as antidepressant use. If a respondent reports (i) thoughts or plans of suicide in their lifetime, or (ii) experiencing at least 5 out of 9 MDE symptoms in the same 2-week period in their lifetime, then they are asked whether they are “currently taking prescription medications prescribed for mood.” However, these data are less than ideal for our purposes, not just because of the MEPS advantages detailed below, but because the vast majority of those categorized as not having a lifetime MDE are never asked about “prescription medications prescribed for mood.” Within the context of our difference-in-differences setting, the non-depressed control group has missing antidepressant use by design. Moreover, this measure of prescription use does not capture well antidepressant use for those with a history of mild or moderate depression.

<sup>31</sup>The recorded name of the drug is important because not all drugs taken for depression and anxiety were affected by the 2007 black box warning on antidepressants. For example, among the drugs taken for depression and anxiety by the 2006 MEPS cohort, as indicated by the recorded ICD9-CM code, 17 percent were benzodiazepines (e.g., Xanax, Valium, etc.), which do not carry the antidepressant black box warning. In addition to the name of the drug, MEPS participants report the pharmacy the drugs were obtained from. If the survey participant provides written permission for the pharmacy to release their records, the pharmacy is contacted by AHRQ. Participating pharmacies provide the following information on each reported prescription: date filled, national drug code, medication name, strength of medicine (amount and unit), quantity, total charge, and payments by source. For non-participating individuals and pharmacies, these data fields are imputed by AHRQ. Unfortunately, the MEPS data files do not distinguish the reason for imputation (non-participating individuals versus pharmacies); however, imputed observations are flagged. In the 2006 (2007) data files, the pharmacy details of roughly 52 (49) percent of the reported prescription fills are imputed.

<sup>32</sup>In addition to reporting medical care consumption in each interview, individuals are asked to report all “health problems (experienced during the current interview period) including physical conditions, accidents, or injuries that affect any part of the body as well as mental or emotional health conditions, such as feeling sad, blue, or anxious about something.” Participants are told explicitly to include ailments even if they did not seek professional medical care. An individual’s description of the illness is recorded as verbatim text, which is later coded to 5-digit ICD9-CM codes by professional coders.

36-44 year olds) are presented in Tables 8 and 9. Individuals are categorized as depressed if over the two years that they are interviewed, they ever report an illness with any of the following ICD9-CM codes: 296, Episodic mood disorders (affective psychoses); 300, Anxiety, dissociative and somatoform disorders (neurotic disorders); 309, Adjustment disorder with depressed mood; or 311, Depressive disorder (not classified elsewhere). The relationship between depression and observables is similar to that seen in the NSDUH and NHIS. The relationship between depression and antidepressant use has several notable features. First, never-depressed individuals are very unlikely to take antidepressants.<sup>33</sup> Second, for most individuals, the 2007 black box warning occurs early in the fourth interview round, so rounds 4 and 5 typically represent the post-warning period.<sup>34</sup> For 35-49 year old men and women, where our sample size is largest, there is a clear positive trend in antidepressant use in the first three rounds, followed by what appears to be a break in that trend. Because this pattern is not mimicked by the non-depressed group, it will be important to account for this trend in our empirical specification.

Our empirical model is as follows:

$$AD_{it} = \alpha_0 + \alpha_1 Dep_i + \alpha_2 Post_t + \alpha_3 Dep_i \times Post_t + \alpha_4 t + \alpha_5 Dep_i \times t + \alpha_6 Post_t \times t + \alpha_7 X_{it} + \varepsilon_{it} \quad (3)$$

where  $AD_{it}$  is an indicator for whether individual  $i$  uses any antidepressants in interview round  $t$  and  $Post_t$  is an indicator for whether round  $t$  ended after May 2007.  $Dep_i$  is an indicator for whether individual  $i$  ever reports an ICD9-CM code associated with depression or anxiety;  $X_{it}$  are individual controls (age, sex, race, Census region, living in an MSA, marital status, family size, interview period length); and  $\varepsilon_{it}$  is the econometric error. By including a linear time trend, as well as interactions, we allow for different trends (i) before and after the warning and (ii) for depressed and non-depressed individuals. This structure accounts for the difference in pre-trends in antidepressant utilization between depressed and non-depressed individuals seen in Tables 8 and 9.<sup>35</sup>

Regarding the definition of  $Post_t$ , the MEPS data records the round in which prescriptions are filled, but not the exact fill date or whether/when drugs are taken. As such, each individual has one *transition* round that contains May 1, 2007 and we do not know whether prescriptions filled in this round occurred before or after the warning. Our baseline specification puts the transition round in the post-warning period, which is the most conservative approach, as some (re)fills early in this period occur before May 1, making it more difficult to find a significant decline in antidepressant drug use. We later show that

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<sup>33</sup>As mentioned above, antidepressants are used in the treatment of illnesses besides depression and anxiety, including pain, insomnia, and migraines (Wong et al., 2017). While a non-trivial fraction of antidepressant users may not suffer from depression or anxiety, the table suggests they represent a very small fraction of the total non-depressed population.

<sup>34</sup>May 1, 2007 occurs in the fourth interview period for 87 percent of the sample; it occurs in the third interview period for the remainder.

<sup>35</sup>By controlling for the antidepressant use of non-depressed individuals, we also capture other changes that could have occurred in the overall drug market *at the same time* as the warning. In other words, our specification measures a break in the antidepressant use trend among depressed individuals, accounting for other market-level changes that may have occurred at the same time as the warning.

our results are robust to dropping the transition round entirely.

We estimate the model via OLS, both with and without group-specific linear trends. Standard errors are clustered at the individual level, and MEPS longitudinal sample weights are used. Results without differential trends are presented in Appendix Table A5.<sup>36</sup> None of the subgroups appear to respond to the 2007 expanded warning with a decrease in their antidepressant use. In fact, antidepressant use *increases* among women aged 26-34 and 35-49. This finding is unsurprising, given the positive trend in antidepressant use leading up to the warning observed in Tables 8 and 9.

Our preferred results, which allow for differential linear trends as in Equation 3, are presented in Table 10.<sup>37</sup> Consistent with the employment effects reported in Section 4, we find that antidepressant use among women aged 35-49 decreased by 7.6 percentage points (a 19 percent decline relative to the pre-warning mean for this group) and that this decrease is significantly different from zero at the 5 percent level. When we further restrict this group of women to those aged 36-44, the group for whom significant employment effects were discovered in the NHIS, we find an even larger 13.9 percentage point decrease in antidepressant use (a 36 percent decline relative to the pre-warning mean for this group). The fact that  $\alpha_5$  is positive and significant for both groups of women highlights the importance of the differential linear trend. This parameter captures the fact that antidepressant use increases among these groups prior to the 2007 expanded warning, allowing  $\alpha_3$  to be identified by a break in this trend. Also consistent with our employment effects, the 2007 expanded warning did not significantly impact the antidepressant use of women younger than 35, men aged 18-25, or men aged 35-49. We do find (weakly) significant *positive* effects for 26-34 year old men; however, this subsample contains only 66 depressed men and fails every robustness test examined below (i.e., point estimates vary substantially and effects are no longer significant), including the inclusion of individual-specific fixed effects, removal of the transition round, and use of an alternative definition of depression.<sup>38</sup>

These findings are consistent with previously estimated effects of the 2004 black box warning on adult antidepressant use. Libby et al. (2009) found that SSRI use within 30 days of a new depression diagnosis fell 15 percent for adults aged 25-89 after the 2004 warning was introduced. Using MEPS data, Parkinson et al. (2014) found that new antidepressant use fell 16 percent for adults aged 25-64 after the 2004 warning. We perform a similar analysis and categorize observed antidepressant use as new or continuing.<sup>39</sup> In the

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<sup>36</sup>This specification allows time (measured in interview rounds) to enter linearly via a trend,  $t$ . We have estimated an alternative, slightly more flexible model that replaces both the linear time trend,  $t$ , and post-warning trend,  $Post \times t$ , with interview round fixed effects, which yields almost identical results.

<sup>37</sup>Using NSDUH data, we reestimated Equation 1 (i) including  $MDE_{it} \times t$  and (ii) without time fixed effects, instead including  $t$ ,  $MDE_{it} \times t$ , and  $Post_t \times t$  to be more consistent with our MEPS specification. Busch et al. (2014) use a specification similar to (ii) that allows for differential linear trends. In both specifications, we find employment among women aged 35-49 with a lifetime MDE declined by 8.9 percentage points ( $p < 0.05$ ) following the warning and no significant effects for any other group. Given the longer sample period when we use the NSDUH (or NHIS), we prefer the specification with time fixed effects because it allows for more flexible effects of time on employment, which may be especially important during the Great Recession.

<sup>38</sup>The data are not well-suited for allowing time-varying (dynamic) treatment effects. Technically, three post-warning period effects can be estimated; however, the first post-warning period for every individual is the transition round and the third post-warning period is only identified by individuals for whom May 1 occurs in the third interview round, which is only 13 percent of the sample.

<sup>39</sup>For each drug taken during a MEPS survey period, the data contain the date that a particular drug (e.g., Prozac) was first prescribed to the individual, even if the first prescription occurred prior to the first MEPS interview. We cannot,

first column of Table 11, we show estimates from Equation 3 where (i)  $AD_{it}$  equals 1 if individual  $i$  fills a new antidepressant prescription in round  $t$  and zero otherwise and (ii) the sample includes all individuals aged 25-64. The probability an ever-depressed individual is a new antidepressant user declines by 2.8 percentage points (a 30 percent decline) after the 2007 warning. That the 2007 warning yields a larger response among adults than the 2004 warning is expected, given that the 2007 warning (i) targeted older antidepressant users and (ii) added language that applied to new antidepressant users of all ages.

Though neither Libby et al. (2009) nor Parkinson et al. (2014) show how the 2004 adult new user effect differs by gender, we show in columns 2 and 3 of Table 11 that the decline in new antidepressant use in 2007 is primarily driven by women. In columns 4-7, we show the impact of the 2007 warning on new and continuing antidepressant use for 35-49 and 36-44 year old ever-depressed women. Among women aged 35-49, we find declines in the probability of being a new antidepressant user as well as a continuing user, but the effects are not significant at conventional levels. For women aged 36-44, the probability of being a new antidepressant user fell by 8.7 percentage points, a statistically significant decline, while the probability of being a continuing user fell by 5.2 percentage points, though this effect is not precisely estimated. This result is compelling for two reasons. First, among 35-49 year old women, the 2007 warning provided relevant information primarily for new users; thus, it is sensible that the overall decline in antidepressant use among 35-49 year olds is driven by new users. Second, though not shown, we find no significant impact of the 2007 warning on new antidepressant use for men or for women under 35; thus, the 30 percent decline in new antidepressant use among ever-depressed adults reported above is driven almost entirely by women in their late 30s and early 40s.

While the decreases in antidepressant use among continuing users are not statistically significant, such declines may be important. Doctors typically advise patients wishing to discontinue their antidepressant use to gradually reduce their dose over several weeks in order to avoid withdrawal, also called antidepressant discontinuation syndrome (ADS) (Warner et al., 2006). ADS can be accompanied by numerous adverse (and work-incompatible) symptoms, such as headaches, dizziness, lethargy, flu-like symptoms, and nausea, as well as the return of depressive symptoms. Discontinuation syndrome can happen immediately after suddenly quitting an antidepressant and can be quite acute, which could also contribute to the negative employment effects we find.

Our main findings, presented in Table 10, are robust to a variety of alternative model specifications and assumptions. We present the results of these robustness checks for women aged 35-49 and 36-44 in Table 12. Columns 1 and 2 contain estimates of Equation 3 where the transition round is dropped for each individual. Recall, the 2007 expanded black box warning was announced during the transition round, so that round contains both pre- and post-warning antidepressant use, likely leading our estimates to be biased towards zero. As expected, the estimated effect of the warning grows for women aged 35-49 and 36-44 when the transition round is dropped. The true impact of the warning on these women likely lies somewhere between our baseline estimates and these. Columns 3 and 4 contain estimates

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however, observe when an individual was first prescribed a particular *class* of drugs (e.g., SSRIs) because first prescription use is not recorded for drugs that are never taken during the MEPS survey.

of Equation 3 where individual-level fixed effects are included. Individual-level fixed effects purge the model of individual time-invariant unobservables, which may be correlated with observables of interest, causing bias. In our setting, the key observable of interest is  $Dep_i \times Post_t$ , which cannot be correlated with permanent unobservables, as (i) its permanent component,  $Dep_i$ , is controlled for explicitly and (ii) all included individuals are observed before and after the warning. As such, individual fixed effects can only impact estimation of the treatment effect through their correlation with other covariates. In light of this, it is unsurprising that point estimates for both subsamples are similar to our baseline results; that said, in the fixed effects specification there is substantial degrees of freedom loss. Finally, columns 5 and 6 contain estimates where individuals are categorized as depressed if they ever register a K6 score greater than 4 during the survey. Again, these estimates are quantitatively similar to our preferred estimates.<sup>40</sup>

One last concern we address is our reliance on differential linear trends for identification in our main specification. This assumption may be undesirable for two reasons. First, if the growth in antidepressant use over time is truly quadratic, for example, as opposed to linear, then the negative results we estimate for 35-49 and 36-44 year old women could be driven by model misspecification. Second, with time, survey participants may learn that their interview will last longer if they report medical care consumption. As such, the decrease in antidepressant use that we observe post-warning could simply result from under-reporting by survey participants in later rounds of the survey. Both of these concerns suggest that a negative treatment effect would be observed independent of the black box warning.

To address these concerns, we conduct a series of placebo tests, where we assume that a policy (or fake warning) occurred on May 1, every year between 2003 and 2009. For each placebo warning occurring in year  $y$ , the MEPS cohort from year  $y-1$  is used, just as in our main analysis. If the claims discussed above are valid, we should consistently find a negative “May 1” effect across years. Results from this placebo analysis for women aged 35-49 can be seen in Table 13. First, independent of statistical significance, the results are not overwhelmingly negative – excluding 2007, only a third of the effects are negative. Second, significant treatment effects are not estimated in any of the placebo years for women aged 35-49. Though not shown, results for the other subsamples are similar. Of the 60 placebo treatment effects estimated (6 years and 10 total subsamples), 29 are negative and just 3 are significantly different from zero at the 10 percent level. Two of these significant effects are from 2003; likely a result of the 2004 black box warning and the preceding advisories. With a purely random treatment, one would expect 30 negative parameters and 6 significant effects.

## 5.2 Alternative Mechanisms

The most obvious channel underlying the employment decline generated by the FDA’s 2007 black box warning is a reduction in antidepressant use. That said, other plausible mechanisms exist. In this section,

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<sup>40</sup>Results for other subsamples are available upon request. Across all alternative specifications, we find no significant effects of the warning on antidepressant use for men or for women aged 26-34. Note that in the main specification, we find the warning has a *positive*, though insignificant, effect on antidepressant use for women aged 18-25, which is unexpected. This positive insignificant effect persists when the transition round is dropped; however, the effect becomes significant when fixed effects are added ( $p=0.099$ ) and when the alternative depression measure is used ( $p=0.051$ ). Note that this group contains just 64 depressed women.

we first explore the possibility that the warning affected mental health treatments that may be complements to or substitutes for antidepressants; namely, psychotherapy and benzodiazepine prescriptions. Both the 2004 and 2007 warnings were added to all antidepressant drugs on the market; however, the warning did not apply to benzodiazepines, such as Alprazolam (marketed as Xanax) and Diazepam (marketed as Valium), which are more targeted toward the treatment of anxiety. Antidepressants and benzodiazepines are commonly prescribed for both depression and anxiety disorders. In the 2006 MEPS cohort, among prescription drug users who report depression (i.e., ICD9 codes 296 or 311) as the primary condition a prescription drug is treating, 73 percent take an antidepressant and 7 percent take a benzodiazepine. Among those reporting anxiety (i.e., ICD9 code 300) as the primary condition, 47 percent take an antidepressant and 36 percent take a benzodiazepine. It is not clear how employment would respond if individuals substituted from antidepressants to benzodiazepines. On one hand, substituting from antidepressants to another FDA approved prescription drug seems likely to protect against declining mental health more than taking nothing at all. On the other hand, benzodiazepines, which are sedatives, carry significant side effects that are likely to hinder employment, including reduced energy levels and muscle function as well as dizziness. Moreover, benzodiazepines are commonly abused. According to the SAMHSA, benzodiazepine abuse treatment admissions tripled from 1998 to 2008.<sup>41,42</sup>

To explore these alternative mechanisms, we use the MEPS data to reestimate Equation 3, considering two new outcomes: (i) an indicator for whether the individual went to psychotherapy during an interview round, and (ii) an indicator for whether the individual filled a benzodiazepine prescription during an interview round. In Table 14, we present estimates for women aged 35-49 and 36-44. The results in column 1 show a significant 4.6 percentage point decline in the probability of therapy use after the warning, a 40 percent decline from the pre-warning mean among depressed women aged 35-49. These results imply that therapy and antidepressants are complements.<sup>43</sup> One explanation for this complementarity could be the sequence of events that typically results in the use of mental health treatment. Depressive symptoms are often first revealed to a patient's general practitioner, who may prescribe antidepressants or refer the patient to a psychiatrist or psychologist who helps the patient determine whether they would like to use psychotherapy and makes recommendations about medication. As such, a patient considering the dynamic implications of their choices may respond to the black box warning by withholding depressive symptoms from their general practitioner, for fear of being prescribed antidepressants. A reduction in therapy use could then naturally result. Above, we reported that the decline in antidepressant use following the 2007 warning was driven by new users, which further supports this narrative.<sup>44</sup> The results in columns 3 and 4 provide weak evidence that antidepressants and benzodiazepines are substitutes, as the point estimates imply benzodiazepine

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<sup>41</sup>See <https://www.samhsa.gov/newsroom/press-announcements/201106091200>

<sup>42</sup>In August 2016, the FDA added a black box warning to all benzodiazepines, warning that the drugs can be fatal if taken with opioids, another commonly abused drug class.

<sup>43</sup>Among this subgroup, conditional on using psychotherapy in an interview round, antidepressants are also used almost 75 percent of the time.

<sup>44</sup>One potential explanation for the decline in therapy use is that women lose their health insurance when they stop working and, thus, the relative cost of therapy increases. However, we find no significant change in health insurance coverage of depressed women aged 35-49 after the warning. Results are available by request.

use increased in response to the warning; however, these effects are not statistically different from zero.<sup>45</sup>

In addition to these medical substitutes, we use the NSDUH to examine whether individuals responded to the 2007 warning by using non-medical antidepressant substitutes, including alcohol and marijuana. In particular, we consider as outcomes indicators for: (i) any marijuana use in the past month; (ii) using marijuana 20 or more days in the past month; (iii) using alcohol (in any amount) 20 or more days in the past month; (iv) bingeing alcohol in the past month (defined as consuming 5 or more drinks on the same occasion at least once in the past 30 days); and (v) heavy alcohol use (defined as consuming 5 or more drinks on the same occasion 5 or more days in the past 30 days). For brevity, we present the results only for women aged 35-49 in Appendix Table A6, with the results for the other groups available by request. Generally, we find no effect of the warning on any of these substitutes for males or females, and notably no effects for women aged 35-49. Thus, it does not appear that women aged 35-49 substituted toward risky behaviors such as alcohol or marijuana consumption. These findings are consistent with Darden and Papageorge (2018), who provide evidence that antidepressants and alcohol are substitutes for men, but not women.

### 5.3 Summary: Explaining the Decline in Employment

We have provided evidence that both antidepressant and psychotherapy use declined for ever-depressed women aged 35-49 following the 2007 black box warning on antidepressants. These responses likely led to a decline in mental health, followed by separation from the labor market. Collectively, our results suggest that within the 35-49 year old age range, 36-44 year old women responded most strongly to the warning; they experienced the largest decrease in antidepressant use as well as an increase in work and activity limitations and a decrease in employment. We did not find evidence that benzodiazepine, alcohol, or marijuana use significantly responded to the 2007 warning. There are, however, additional mechanisms through which the black box warning may have affected employment that we are unable to examine using our data. For example, in addition to antidepressant fills and refills, the warning may have affected drug adherence, which is not observed in the MEPS data. That is, we observe prescription fills, but not actual consumption of such fills, which means our extensive margin antidepressant use estimates are likely understated. Also, stress associated with the warning could have led to separation from the labor force, even for those continuing to take antidepressants, but we do not observe measures of stress in the data.

These alternative mechanisms aside, we can use our estimates to compute an effect of mental health treatment on the employment of ever-depressed women aged 35-49, assuming that the *only* channels through which the 2007 black box warning affected employment are antidepressant fills and psychotherapy use. To do this, we define an indicator variable called “any mental health treatment” that is equal to 1 if an individual fills an antidepressant prescription or receives psychotherapy in a MEPS survey round. In columns 5 and 6 of Table 14, we have again estimated Equation 3, but now with any mental health treat-

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<sup>45</sup>Both the therapy and benzodiazepine results are generally robust to including individual fixed effects and dropping the transition round, though the magnitudes of coefficients and standard errors differ slightly. Effects of the warning on therapy and benzodiazepine use among all other subsamples are not significantly different from zero. Results for other specifications and subsamples are available upon request.

ment as the dependent variable. We find that the warning reduced any mental health treatment by 9.5 percentage points and 15.6 percentage points for depressed women aged 35-49 and 36-44, respectively. Dividing the “reduced-form” employment effects from Section 4 for 35-49 year olds (NSDUH) and 36-44 year olds (NHIS) by the appropriate “first-stage” effects, we find that the decrease in mental health treatment utilization induced by the warning reduced the employment of depressed women by 35 to 46 percentage points. This calculation suggests a large effect of untreated depression on employment, but we urge caution when interpreting this result. As mentioned above, there are several other mechanisms through which the warning may have affected employment that we cannot empirically explore or lack the statistical power to explore. Moreover, depression definitions and period lengths differ across the models used to estimate these effects.<sup>46</sup>

An additional explanation for why women aged 35-49 responded strongly to the warning, while other subgroups did not, is that they could more afford to do so. Tables 2 and 9 show that 35-49 year old women are much more likely to be married than younger cohorts. Having a working spouse (i.e., being part of two-earner household, with access to health insurance through one’s spouse), may lessen the burden associated with not taking antidepressants and separating from the labor market. To explore this idea, we reestimate Equations 1 and 3 separately for married and single women aged 35-49. Using the NSDUH data, we find ever-depressed married women saw a 5.2 percentage point decline ( $p=0.065$ ) in employment in response to the warning, while single women experienced a statistically insignificant decline of 2.9 percentage points. Using the MEPS data, we find ever-depressed married women aged 35-49 experienced an 8.9 percentage point decrease ( $p=0.065$ ) in antidepressant use following the warning, while single women saw an insignificant 5.4 percentage point decline. Thus, it seems married women largely drive the antidepressant and employment response to the 2007 warning, providing support for the idea that having a secondary source of income and health insurance may have enabled these women to adjust their mental health treatment and labor market behavior. Results from this exercise are available by request.

## 6 Discussion

We study the employment effects of the 2007 expanded black box warning on antidepressants. We find the warning led to a significant decline in the employment of depressed women aged 35-49, but had no impact on the employment of depressed men or on depressed women under the age of 35. We show that this result exists in two nationally representative datasets and survives a number of robustness tests. Moreover, we find that depressed women aged 36-44 experienced an increase in self-reported work and activity limitations due to depression and anxiety after the announcement of the warning. We explore

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<sup>46</sup>These types of two-stage least squares estimates tend to be large in this strand of literature. For example, Busch et al. (2014) find among depressed adolescent girls, the decrease in antidepressant use induced by the 2004 warning decreased grades by a full point (e.g., from a B to a C), increased smoking and illicit drug use by 20 to 25 percentage points, and increased the probability of stealing or fighting by 30 to 35 percentage points. Garthwaite (2012) finds the decline in use of Cox-2 inhibitors induced by the withdrawal of Vioxx led to a 22 percentage point decline in employment among those with joint pain. Estimates from Daysal and Orsini (2012) imply that hormone replacement therapy increases employment of middle-aged women by 33 percentage points.



several mechanisms through which the warning may have affected employment, ultimately finding two channels. For depressed women aged 35-49, the same age group experiencing a decline in employment, we find (i) a significant decline in antidepressant drug use, driven especially by new users, which is consistent with language used in the warning, and (ii) a reduction in psychotherapy use. Each of these responses likely contributed to the observed decline in employment.

Our findings provide an important example of how health policy can impact human capital development and the economy at large, which may not be considered by policy architects. In the case of the 2007 expanded black box warning on antidepressants, our estimates suggest that the economic impact was significant. According to the Bureau of Labor Statistics, women aged 35-49 comprised approximately 16.4 percent of the labor force in the U.S. in 2006. Data from the 2005 MEPS cohort suggest that 23.3 percent of women ever working over the 2-year interview period also experienced some form of depression or anxiety in that time frame. Thus, prior to the announcement of the expanded black box warning, depressed women aged 35-49 comprised about 3.8 percent of the US labor force. Our estimates imply that employment among this group fell in response to the warning by 6.1 percent, representing a 0.23 percentage point reduction in the size of the US labor force, or 352,042 fewer individuals. Again from the 2005 MEPS cohort, average annual income from wages for this demographic (i.e., ever-depressed employed women aged 35-49) was \$37,425. As such, the warning led to roughly \$13 billion in lost wages.

Reduced wages only capture a fraction of the total impact of the warning. The expansion of the black box warning and ensuing reduction in mental health treatment presumably increased pain and suffering for patients who were affected. There were also implications for suppliers of antidepressants. Maybe most importantly, a complete analysis of the costs and benefits of the warning would consider the impact on suicide rates, which speaks to the original objective of the warning. Recall, the 2004 and 2007 antidepressant black box warnings were the result of an extensive research effort by the FDA, which included meta-analyses of nearly 400 randomized control trials (RCTs) and over 100,000 patients. In short, these studies suggested that antidepressant use among children, adolescents, and young adults increased their risk of suicidality; the black box warning was added, and then expanded, to lower the incidence of suicide.

Several studies have shown that suicide rates among children and adolescents *increased* after the 2004 black box warning was added (Gibbons et al., 2007; Busch et al., 2014). Ludwig et al. (2009) provide a thorough rationalization of this unexpected outcome. The authors describe three problems with the RCTs supporting the decision to add the warnings. First, the RCTs were not externally valid as the most severely depressed patients were almost always excluded from the trials. Second, the RCTs were severely under-powered. As the authors explain, at typical suicide rates, to find a 20 percent effect of SSRIs on suicide, one would need 1.9 million subjects. Finding a 5 percent effect would require 30 million patients, which is about twice the number of Americans who suffer from major depressive disorder in any given year. As a result, the researchers conducting these RCTs examine the impact of antidepressants not on suicides, but on suicidal thoughts and attempts. The decision to examine these outcomes leads to the third problem, which is that considering and/or attempting suicide is very different from death

via suicide. A small fraction of those who consider suicide attempt it and few attempted suicides are fatal (Cutler et al., 2001; Baldessarini et al., 2006). Moreover, much of the data on suicidal thoughts and attempts suffers from ascertainment bias (i.e., side effects are more common with any active drug than with placebo; thus, those receiving antidepressants complete more doctor visits, meaning more opportunities to report suicidal thoughts and attempts). Ludwig et al. (2009) go on to estimate the effect of SSRI sales on suicide across 26 countries by exploiting institutional differences in how all drugs are priced, regulated, and distributed. They find that one SSRI pill per capita *reduces* suicide by 5 percent.

In addition to the research discussed above, which suggests the warnings actually increased suicide rates, Busch et al. (2014) find that the warnings generated perverse indirect effects as well. Using a similar empirical strategy to the one employed in this paper, Busch et al. (2014) find that the 2004 warning lowered GPAs, increased delinquency, and increased tobacco and illicit drug use among depressed adolescent girls. In this paper, we show yet another unintended consequence of the black box warnings on antidepressants; namely, a reduction in employment among depressed women. The sum of these findings, paired with the apparent lack of evidence pointing to any ex-post benefits of the warnings, calls to question the efficacy of the black box warning that is still attached to all antidepressant drugs sold in the U.S. and in many other countries around the world.

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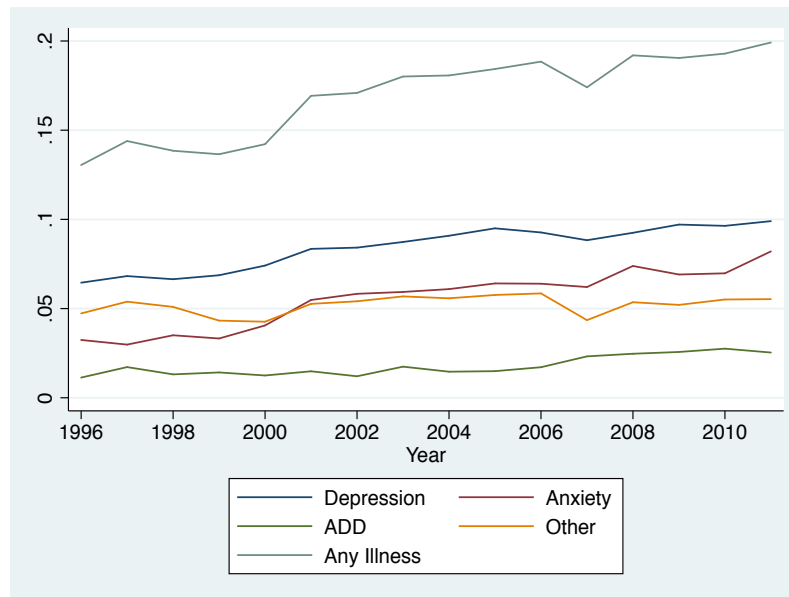
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## Figures and Tables

Figure 1: Proportion of Individuals with Mental Health Conditions Over Time (1996-2011 MEPS Cohorts)



Notes: Proportions are calculated using population weighted Medical Expenditure Panel Survey (MEPS) data found in the Medical Condition Files. Individuals are grouped by cohort (i.e., year entering the MEPS sample) and categorized according to whether they report the illness (as indicated by ICD9 code) over the two-year interview period. Individuals of all ages are included. Any (mental) illness corresponds to ICD9 codes 290-319.

Figure 2: Timeline of FDA Actions and Announcements on Antidepressants and Suicidality

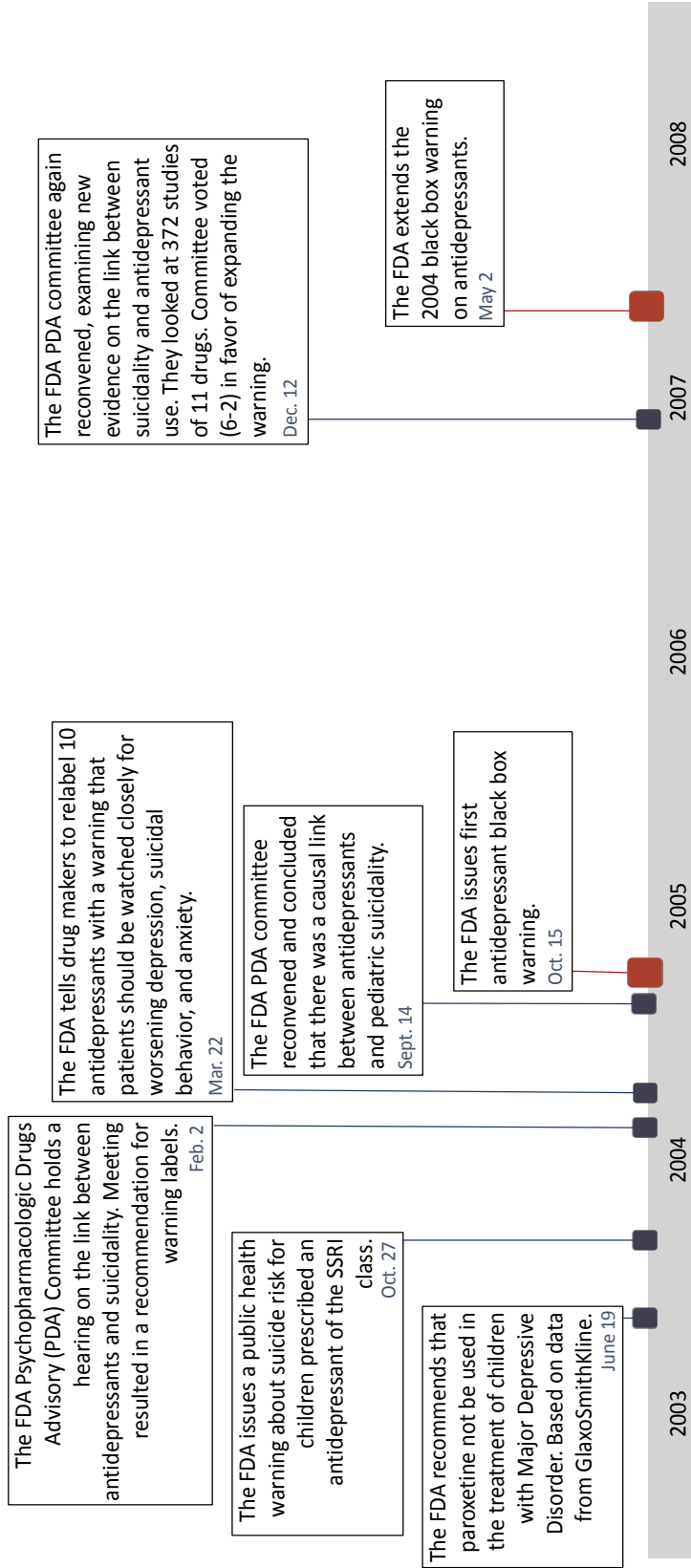
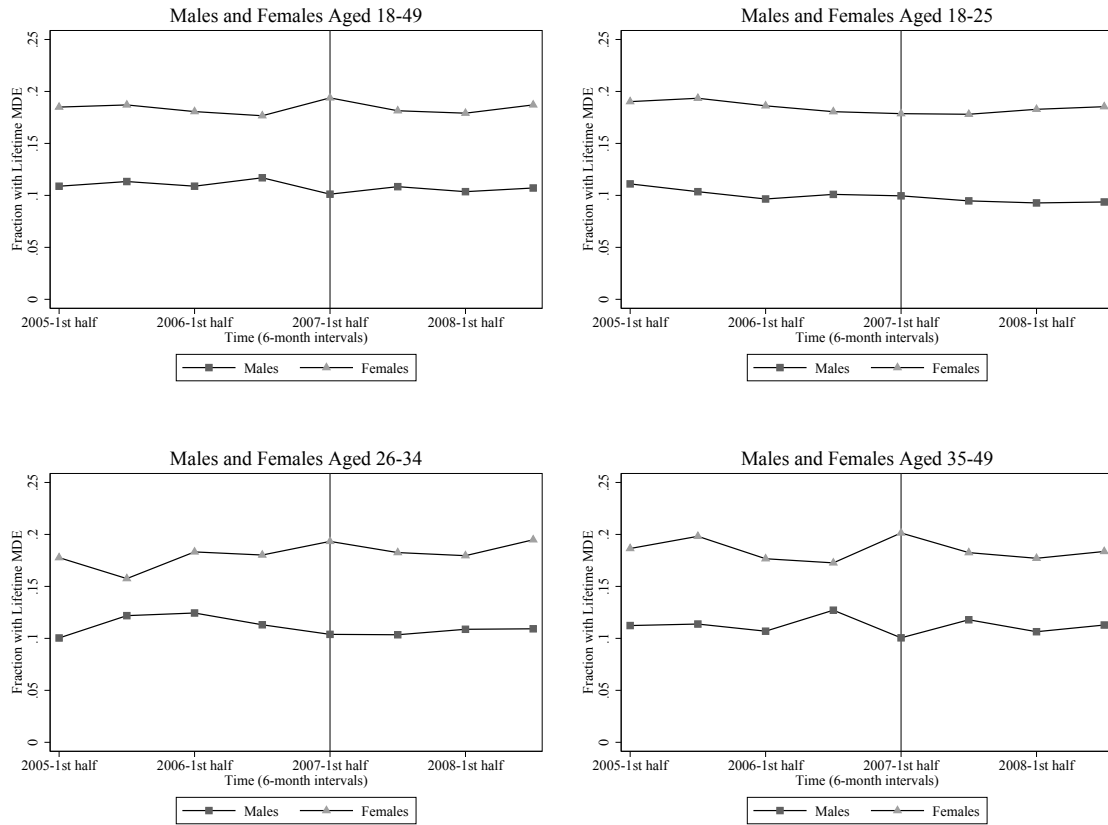


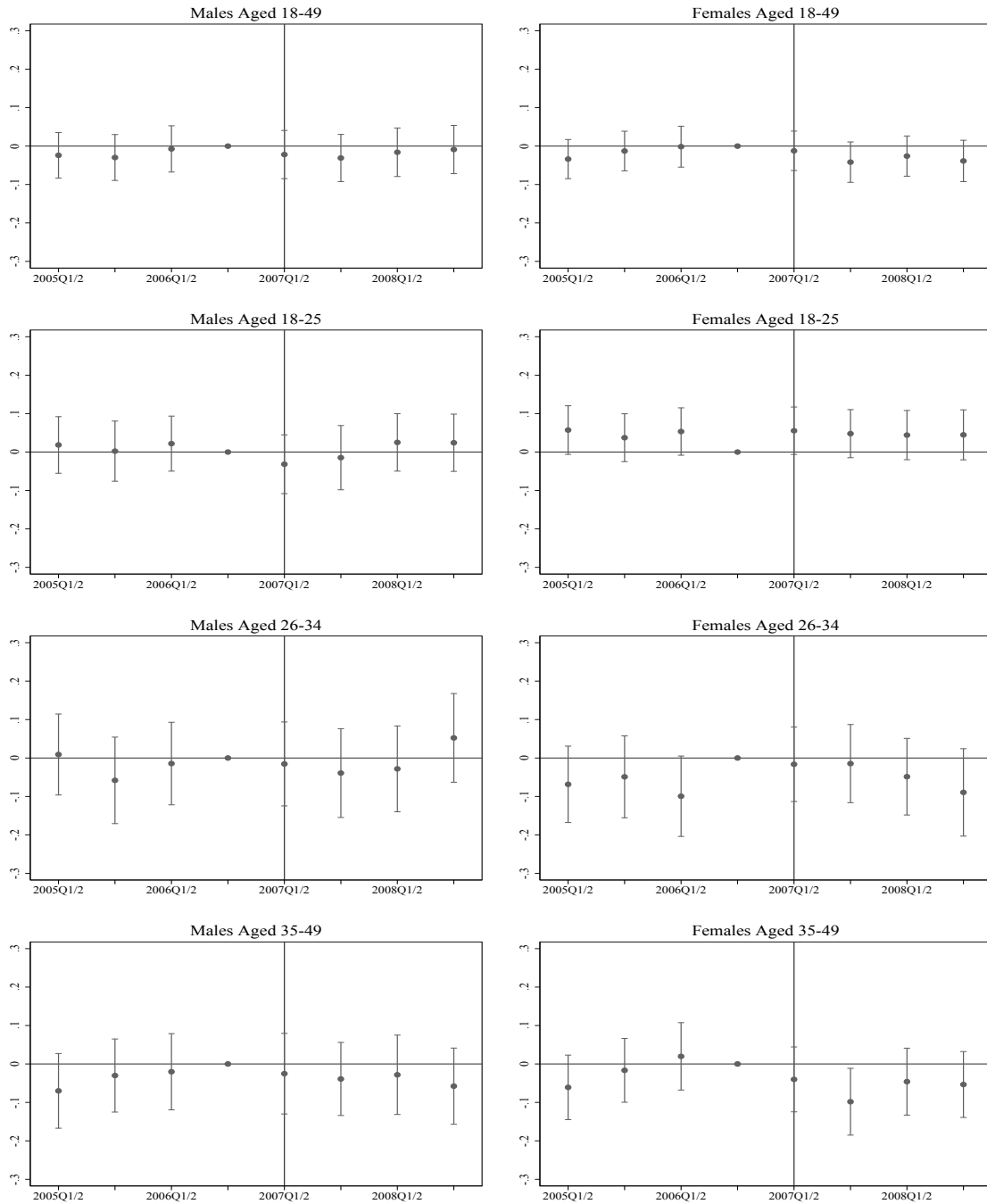
Figure 3: Proportion of Males and Females with a Lifetime MDE Over Time (NSDUH)



Notes: Proportions are calculated using the NSDUH sampling weights and include all observations in our sample from 2005-2008.



Figure 4: Event Study Estimates of the Effect of the Warning on Employment (NSDUH)



Notes: Each panel contains plots of the estimates of  $\pi_\ell$  from Equation 2 with 95 percent confidence interval bars. The dependent variable is an indicator for whether the individual was employed in the past week. The reference category is 2006Q3/Q4. Each specification includes indicator variables for having a lifetime MDE, age (when possible), education, marital status, race and ethnicity, metro type, and time (measured in 6-month periods). All models are estimated by OLS with heteroskedasticity-robust standard errors and NSDUH sampling weights.

Table 1: Descriptive Statistics for Males by Age Group and Depression Status (NSDUH)

	All		18-25		26-34		35-49	
	No	MDE	No	MDE	No	MDE	No	MDE
Employed	88.00	79.05	77.11	75.37	91.13	81.50	91.95	79.40
Pre-warning	86.48	77.01	74.45	71.98	90.18	81.36	90.73	76.92
Education								
Less than high school	17.11	13.74	22.28	17.78	16.28	12.58	14.86	12.54
High school	31.67	30.34	35.95	34.84	28.81	27.77	31.01	29.68
Some college	25.34	29.39	30.23	35.66	24.78	29.94	23.09	26.24
College graduate	25.89	26.53	11.54	11.73	30.14	29.71	31.04	31.54
Marital Status								
Married	49.42	38.30	9.63	8.72	50.46	37.25	69.62	52.30
Previously married	9.17	16.96	1.06	2.26	7.10	13.54	14.54	25.48
Never married	41.41	44.74	89.31	89.03	42.44	49.21	15.84	22.22
Race/Ethnicity								
White	62.99	73.81	61.58	68.13	57.67	68.71	66.66	79.15
Black	11.88	8.88	13.22	9.42	11.75	11.16	11.25	7.39
Native American	0.48	0.41	0.53	0.62	0.44	0.23	0.48	0.41
Hawaiian/Pacific Islander	0.43	0.32	0.48	0.50	0.42	0.26	0.41	0.28
Asian	4.98	3.31	4.45	4.12	5.84	3.23	4.78	2.98
Multiple	0.92	1.35	1.10	1.17	0.97	1.28	0.80	1.47
Hispanic	18.32	11.93	18.64	16.04	22.91	15.12	15.62	8.33
Metro Status								
Large metro	55.89	55.40	53.42	53.31	56.94	56.98	56.60	55.50
Small metro	28.92	29.23	30.93	31.14	29.21	26.50	27.71	29.84
Non-metro	15.19	15.37	15.65	15.55	13.85	16.52	15.68	14.66
N	52,815	6,233	31,146	3,406	9,107	1,195	12,562	1,632
Share	89.15%	10.85%	90.09%	9.91%	88.94%	11.06%	88.77%	11.23%

Notes: All means and proportions are calculated using the NSDUH sampling weights and include all observations in our sample from 2005-2008. We report the raw number of individuals in each subsample; however, depression shares are weighted.

Table 2: Descriptive Statistics for Females by Age Group and Depression Status (NSDUH)

	All		18-25		26-34		35-49	
	No	MDE	No	MDE	No	MDE	No	MDE
Employed	73.93	71.92	69.25	70.32	72.29	71.93	77.06	72.70
Pre-warning	74.59	71.10	69.43	71.23	73.28	74.22	77.86	69.34
Education								
Less than high school	13.29	11.98	16.72	14.32	12.93	10.86	11.81	11.42
High school	29.49	27.22	33.35	33.14	25.34	23.67	29.82	26.19
Some college	28.87	33.35	34.79	37.18	27.16	32.15	26.88	32.11
College graduate	28.35	27.44	15.15	15.37	34.56	33.32	31.50	30.27
Marital Status								
Married	53.55	44.37	17.31	14.62	58.47	47.73	68.70	57.16
Previously married	12.41	19.78	2.45	4.09	10.26	16.33	18.44	29.26
Never married	34.04	35.85	80.24	81.30	31.27	35.94	12.86	13.58
Race/Ethnicity								
White	61.36	74.66	60.04	68.49	57.67	71.96	63.98	79.10
Black	14.48	9.64	15.38	11.78	14.39	9.71	14.09	8.55
Native American	0.56	0.60	0.62	0.65	0.61	0.81	0.50	0.47
Hawaiian/Pacific Islander	0.45	0.28	0.34	0.53	0.50	0.22	0.48	0.19
Asian	5.66	2.29	4.89	3.46	6.36	2.49	5.67	1.62
Multiple	0.88	1.58	1.11	1.90	1.01	2.07	0.71	1.17
Hispanic	16.61	10.94	17.63	13.18	19.47	12.74	14.58	8.90
Metro Status								
Large metro	56.51	50.13	53.50	52.46	57.43	49.14	57.50	49.50
Small metro	28.57	32.35	31.37	32.05	28.86	34.52	27.04	31.37
Non-metro	14.92	17.52	15.14	15.49	13.70	16.34	15.46	19.13
N	54,659	12,809	31,150	7,122	9,542	2,311	13,967	3,376
Share	81.61%	18.39%	81.56%	18.44%	81.87%	18.13%	81.50%	18.50%

Notes: All means and proportions are calculated using the NSDUH sampling weights and include all observations in our sample from 2005-2008. We report the raw number of individuals in each subsample; however, depression shares are weighted.

Table 3: Difference-in-Differences Estimates of the Effect of the Warning on Employment (NSDUH)

	All	18-25	26-34	35-49
Panel A: Males				
MDE	-0.089*** (0.011)	-0.032** (0.014)	-0.091*** (0.020)	-0.116*** (0.018)
MDE $\times$ Post	-0.004 (0.016)	-0.011 (0.020)	0.010 (0.029)	-0.009 (0.026)
R <sup>2</sup>	0.095	0.078	0.042	0.082
N	59048	34552	10302	14194
Panel B: Females				
MDE	-0.036*** (0.009)	-0.010 (0.011)	-0.025 (0.019)	-0.053*** (0.015)
MDE $\times$ Post	-0.017 (0.013)	0.010 (0.015)	0.012 (0.027)	-0.044** (0.021)
R <sup>2</sup>	0.064	0.081	0.089	0.046
N	67468	38272	11853	17343

Notes: All models are estimated by OLS with heteroskedasticity-robust standard errors (in parentheses) and NSDUH sampling weights. Each column within a panel represents a separate regression. The dependent variable is an indicator for whether the individual was employed in the past week. Unreported covariates include indicator variables for age (when possible), education, marital status, race and ethnicity, metro type, and time (measured in 6-month periods).

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 4: Time-Varying Effects of the Warning on Employment (NSDUH)

	All	18-25	26-34	35-49
Panel A: Males				
MDE	-0.089*** (0.011)	-0.032** (0.014)	-0.091*** (0.020)	-0.116*** (0.018)
MDE × 2007Q1/2	-0.007 (0.026)	-0.042 (0.032)	0.002 (0.044)	0.004 (0.044)
MDE × 2007Q3/4	-0.016 (0.025)	-0.025 (0.036)	-0.022 (0.048)	-0.010 (0.038)
MDE × 2008Q1/2	-0.001 (0.026)	0.014 (0.031)	-0.011 (0.046)	0.001 (0.043)
MDE × 2008Q3/4	0.006 (0.026)	0.013 (0.031)	0.069 (0.048)	-0.029 (0.041)
R <sup>2</sup>	0.095	0.078	0.043	0.082
N	59048	34552	10302	14194
Panel B: Females				
MDE	-0.036*** (0.009)	-0.010 (0.011)	-0.025 (0.019)	-0.053*** (0.015)
MDE × 2007Q1/2	-0.000 (0.020)	0.018 (0.023)	0.038 (0.038)	-0.025 (0.033)
MDE × 2007Q3/4	-0.029 (0.021)	0.010 (0.024)	0.040 (0.041)	-0.083** (0.035)
MDE × 2008Q1/2	-0.014 (0.021)	0.007 (0.025)	0.006 (0.040)	-0.031 (0.035)
MDE × 2008Q3/4	-0.026 (0.022)	0.007 (0.026)	-0.035 (0.049)	-0.039 (0.034)
R <sup>2</sup>	0.064	0.081	0.089	0.046
N	67468	38272	11853	17343

Notes: All models are estimated by OLS with heteroskedasticity-robust standard errors (in parentheses) and NSDUH sampling weights. Each column within a panel represents a separate regression. The dependent variable is an indicator for whether the individual was employed in the past week. Unreported covariates include indicator variables for age (when possible), education, marital status, race and ethnicity, metro type, and time (measured in 6-month periods).

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 5: Robustness Checks of the Effect of the Warning on Employment of Females Aged 35-49 (NSDUH)

	(1)	(2)	(3)	(4)	(5)	(6)
	Drop 2007-1st Half	Post=0 in 2007-1st Half	Drop 2005-1st Half	Drop 2005	Alt. Dep. Defn. 1	Alt. Dep. Defn. 2
MDE	-0.054*** (0.015)	-0.059*** (0.013)	-0.038** (0.018)	-0.029 (0.022)		
MDE $\times$ Post	-0.051** (0.023)	-0.046** (0.022)	-0.059** (0.023)	-0.069** (0.027)		
Diagnosed anxiety/depression					-0.049*** (0.014)	
Diagnosed anxiety/depression $\times$ Post					-0.039** (0.019)	
MDE or diagnosed anxiety/depression						-0.053*** (0.013)
MDE or diagnosed anxiety/depression $\times$ Post						-0.036** (0.018)
R <sup>2</sup>	0.048	0.046	0.045	0.046	0.044	0.046
N	15081	17343	15176	12866	17310	17260

Notes: All models are estimated by OLS with heteroskedasticity-robust standard errors (in parentheses) and NSDUH sampling weights. Each column represents a separate regression. The dependent variable is an indicator for whether the individual was employed in the past week. Unreported covariates include indicator variables for age (when possible), education, marital status, race and ethnicity, metro type, and time (measured in 6-month periods). In column (1), observations from the first half of 2007 are excluded. In column (2), the post-warning period is redefined as starting in the second half of 2007. In columns (3) and (4), observations from the first half of 2005 and all of 2005 are excluded, respectively. In column (5), the treated group is redefined as those who have ever been told by a doctor or medical professional they have depression or anxiety; and in column (6), the treated group is redefined as anyone with a lifetime MDE or who has ever been told by a doctor they have depression or anxiety.

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 6: Difference-in-Differences Estimates of the Effect of the Warning on Employment (NHIS)

	All	18-25	26-34	35-49
Panel A: Males				
K6 > 4	-0.146*** (0.012)	-0.079*** (0.027)	-0.122*** (0.022)	-0.206*** (0.016)
K6 > 4 × Post	-0.001 (0.018)	-0.048 (0.043)	-0.001 (0.032)	0.030 (0.024)
R <sup>2</sup>	0.135	0.114	0.072	0.122
N	25146	5477	7054	12615
Panel B: Females				
K6 > 4	-0.114*** (0.011)	-0.062*** (0.024)	-0.073*** (0.019)	-0.164*** (0.015)
K6 > 4 × Post	0.003 (0.016)	0.033 (0.035)	-0.007 (0.029)	-0.011 (0.022)
R <sup>2</sup>	0.087	0.103	0.102	0.075
N	30653	6521	8928	15204

Notes: All models are estimated by OLS with heteroskedasticity-robust standard errors (in parentheses) and NHIS sampling weights. Each column within a panel represents a separate regression. The dependent variable is an indicator for whether the individual was employed in the past week. Unreported covariates include age and age squared and indicator variables for education, marital status, race and ethnicity, Census region, and time (measured in 6-month periods).

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 7: Difference-in-Differences  
Estimates of the Effect of the Warning on Outcomes of Females Aged 36-44 (NHIS)

	(1)	(2)	(3)	(4)
	Employed	# of Bed Days	Work Limitation Due to Health	Activity Limitation Due to Depression
K6 > 4	-0.129*** (0.019)	12.961*** (1.903)	0.171*** (0.015)	0.063*** (0.010)
K6 > 4 × Post	-0.055* (0.029)	1.650 (2.816)	0.043* (0.024)	0.047*** (0.016)
R <sup>2</sup>	0.073	0.060	0.131	0.082
N	9102	9020	9110	9101

Notes: All models are estimated by OLS with heteroskedasticity-robust standard errors (in parentheses) and NHIS sampling weights. Each column represents a separate regression. In column (1), the dependent variable is an indicator for whether the individual was employed in the past week. In column (2), the dependent variable is the number of “bed days” in the past year. In column (3), the dependent variable is an indicator for an individual being unable to work or limited in the work she can do due to a health problem. In column (4), the dependent variable is an indicator for having an activity limitation due to depression, anxiety, or emotional problem. Unreported covariates include age and age squared and indicator variables for education, marital status, race and ethnicity, Census region, and time (measured in 6-month periods).

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 8: Descriptive Statistics for Males by Age Group and Depression Status (2006 MEPS Cohort)

	All		18-25		26-34		35-49		36-44	
	No Dep	Dep	No Dep	Dep	No Dep	Dep	No Dep	Dep	No Dep	Dep
AD Use in Round										
1	0.005	0.285	0.001	0.326	0.002	0.235	0.007	0.289	0.013	0.208
2	0.004	0.296	0.000	0.266	0.003	0.271	0.006	0.311	0.006	0.224
3	0.005	0.307	0.001	0.172	0.000	0.257	0.011	0.374	0.017	0.281
4	0.006	0.325	0.000	0.299	0.003	0.260	0.010	0.369	0.012	0.271
5	0.004	0.248	0.003	0.175	0.003	0.183	0.005	0.307	0.005	0.181
Education										
Less than high school	0.167	0.135	0.289	0.190	0.149	0.065	0.126	0.153	0.148	0.144
High school	0.560	0.603	0.650	0.810	0.503	0.472	0.559	0.605	0.521	0.616
College graduate	0.268	0.261	0.055	0.000	0.345	0.463	0.310	0.239	0.328	0.234
Marital Status										
Married	0.488	0.406	0.052	0.063	0.506	0.351	0.664	0.531	0.670	0.522
Previously married	0.111	0.190	0.022	0.033	0.102	0.154	0.157	0.243	0.140	0.247
Never married	0.401	0.404	0.926	0.904	0.392	0.496	0.179	0.226	0.191	0.231
Non-White	0.186	0.145	0.229	0.134	0.165	0.095	0.179	0.131	0.203	0.176
MSA	0.854	0.850	0.855	0.812	0.853	0.907	0.851	0.834	0.854	0.833
Employed	0.925	0.827	0.887	0.789	0.938	0.880	0.932	0.810	0.931	0.823
N	2554		491		601		1315		757	
% Depressed	10.4		7.6		11.1		11.3		10.1	

Notes: All means and proportions are calculated using the MEPS longitudinal sampling weights and include all observations in our sample from the 2006 MEPS cohort. We report the raw number of individuals in each subsample; however, depression shares are weighted.



Table 9: Descriptive Statistics for Females by Age Group and Depression Status (2006 MEPS Cohort)

	All		18-25		26-34		35-49		36-44	
	No Dep	Dep	No Dep	Dep	No Dep	Dep	No Dep	Dep	No Dep	Dep
AD Use in Round										
1	0.020	0.306	0.013	0.216	0.016	0.232	0.025	0.357	0.026	0.314
2	0.020	0.348	0.007	0.075	0.016	0.268	0.024	0.422	0.028	0.396
3	0.020	0.379	0.008	0.256	0.013	0.304	0.030	0.440	0.032	0.437
4	0.018	0.378	0.003	0.215	0.019	0.329	0.023	0.445	0.024	0.401
5	0.024	0.394	0.008	0.208	0.023	0.314	0.031	0.475	0.037	0.416
Education										
Less than high school	0.111	0.126	0.190	0.179	0.101	0.084	0.088	0.122	0.102	0.161
High school	0.571	0.610	0.670	0.744	0.537	0.634	0.550	0.575	0.532	0.552
College graduate	0.315	0.262	0.136	0.066	0.362	0.280	0.356	0.303	0.366	0.286
Marital Status										
Married	0.545	0.504	0.147	0.201	0.564	0.429	0.679	0.591	0.683	0.488
Previously married	0.136	0.216	0.031	0.032	0.101	0.178	0.189	0.272	0.180	0.303
Never married	0.319	0.280	0.822	0.767	0.335	0.393	0.132	0.137	0.137	0.209
Non-White	0.231	0.179	0.256	0.209	0.222	0.230	0.226	0.145	0.246	0.184
MSA	0.865	0.828	0.867	0.855	0.887	0.828	0.848	0.825	0.835	0.800
Employed	0.813	0.737	0.853	0.837	0.785	0.795	0.812	0.695	0.797	0.692
N	3081		476		793		1638		890	
% Depressed	20.0		13.5		18.4		22.5		20.4	

Notes: All means and proportions are calculated using the MEPS longitudinal sampling weights and include all observations in our sample from the 2006 MEPS cohort. We report the raw number of individuals in each subsample; however, depression shares are weighted.

Table 10: Difference-in-Differences  
 Estimates of the Effect of the Warning on Antidepressant Use (2006 MEPS Cohort)

	All	18-25	26-34	35-49	36-44
Panel A: Males					
Dep	0.335*** (0.039)	0.385*** (0.100)	0.350*** (0.090)	0.305*** (0.048)	0.222*** (0.058)
Post	0.022 (0.018)	-0.025 (0.039)	0.024 (0.030)	0.041 (0.028)	0.088** (0.042)
Dep × Post	0.075* (0.043)	0.127 (0.108)	0.163* (0.091)	0.016 (0.057)	-0.019 (0.070)
t	-0.000 (0.002)	-0.001 (0.004)	0.001 (0.003)	0.000 (0.003)	0.004 (0.005)
Dep × t	-0.027* (0.015)	-0.066* (0.035)	-0.061* (0.032)	0.005 (0.019)	0.006 (0.020)
Post × t	-0.005 (0.005)	0.006 (0.011)	-0.006 (0.008)	-0.010 (0.008)	-0.023** (0.012)
R <sup>2</sup>	0.247	0.243	0.228	0.268	0.166
N	2554	491	601	1315	757
Panel B: Females					
Dep	0.255*** (0.031)	0.186** (0.079)	0.232*** (0.077)	0.285*** (0.037)	0.240*** (0.050)
Post	-0.017 (0.021)	0.047 (0.051)	-0.011 (0.043)	-0.036 (0.030)	-0.029 (0.043)
Dep × Post	-0.041 (0.034)	0.073 (0.105)	0.053 (0.082)	-0.076** (0.038)	-0.139** (0.056)
t	-0.001 (0.002)	-0.004 (0.005)	-0.002 (0.004)	0.000 (0.004)	0.007 (0.006)
Dep × t	0.032*** (0.012)	-0.010 (0.036)	0.005 (0.031)	0.047*** (0.014)	0.060*** (0.019)
Post × t	0.004 (0.006)	-0.009 (0.013)	0.004 (0.011)	0.008 (0.008)	0.004 (0.012)
R <sup>2</sup>	0.248	0.142	0.198	0.293	0.261
N	3081	476	793	1638	890

Notes: All models are estimated by OLS using the MEPS longitudinal sampling weights. Standard errors (in parentheses) are clustered at the individual level. Each column within a panel represents a separate regression. The dependent variable is an indicator for whether the individual filled an antidepressant prescription in the interview round. Unreported covariates include age, age squared, family size, interview period length, and indicators for male, nonwhite (race), highest educational degree, Census region, living in an MSA, and marital status.  
 \*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 11: Difference-in-Differences Estimates of the Effect of the Warning on New and Continuing Antidepressant Use (2006 MEPS Cohort)

	New AD Use						Continuing AD Use	
	Adults 25-64	Men 25-64	Women 25-64	Women 35-49	Women 36-44	Women 35-49	Women 36-44	
Dep	0.068*** (0.011)	0.070*** (0.018)	0.067*** (0.015)	0.049** (0.022)	0.041 (0.030)	0.237*** (0.036)	0.199*** (0.049)	
Post	0.016 (0.011)	0.025* (0.014)	0.007 (0.017)	-0.002 (0.029)	0.014 (0.041)	-0.037 (0.030)	-0.043 (0.044)	
Dep × Post	-0.028* (0.017)	-0.013 (0.026)	-0.036* (0.021)	-0.053 (0.034)	-0.087* (0.050)	-0.023 (0.038)	-0.052 (0.054)	
t	0.001 (0.001)	0.002 (0.001)	0.001 (0.002)	0.001 (0.004)	0.005 (0.006)	-0.000 (0.003)	0.003 (0.005)	
Dep × t	0.009* (0.006)	0.002 (0.009)	0.013* (0.007)	0.024** (0.011)	0.030* (0.016)	0.023 (0.014)	0.031 (0.019)	
Post × t	-0.004 (0.003)	-0.006 (0.004)	-0.002 (0.005)	-0.001 (0.009)	-0.001 (0.012)	0.009 (0.008)	0.010 (0.013)	
R <sup>2</sup>	0.056	0.046	0.058	0.067	0.070	0.218	0.194	
N	7262	3284	4018	1632	890	1638	890	
% Depressed	18.0	12.7	23.0	22.8	20.4	22.8	22.8	

Notes: All models are estimated by OLS using the MEPS longitudinal sampling weights. Standard errors (in parentheses) are clustered at the individual level. Each column represents a separate regression. New antidepressant use is an indicator for whether the individual filled a prescription in the interview round for an antidepressant they have never taken before. Continuing antidepressant use is an indicator for whether the individual filled a prescription in the interview round for an antidepressant they have taken in the past. Unreported covariates include age, age squared, family size, interview period length, and indicators for male, nonwhite (race), highest educational degree, Census region, living in an MSA, and marital status.  
 \*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 12: Robustness

Checks of the Effect of the Warning on Antidepressant Use of Females Aged 35-49 (2006 MEPS Cohort)

	(1)	(2)	(3)	(4)	(5)	(6)
	Drop Transition Round		Individual FE		Alt. Dep. Defn.	
	35-49	36-44	35-49	36-44	35-49	36-44
Dep	0.286***	0.224***			0.097***	0.069**
	(0.039)	(0.053)			(0.023)	(0.030)
Post	-0.014	0.044	-0.021	-0.004	-0.042	-0.018
	(0.084)	(0.127)	(0.028)	(0.041)	(0.034)	(0.050)
Dep × Post	-0.084	-0.186**	-0.044	-0.100**	-0.071***	-0.091***
	(0.056)	(0.079)	(0.033)	(0.049)	(0.025)	(0.035)
t	-0.002	0.004	-0.001	0.007	-0.001	0.008
	(0.005)	(0.007)	(0.005)	(0.007)	(0.005)	(0.007)
Dep × t	0.047***	0.069***	0.038***	0.049***	0.032***	0.035***
	(0.016)	(0.022)	(0.013)	(0.017)	(0.009)	(0.012)
Post × t	0.005	-0.007	0.004	-0.003	0.011	0.002
	(0.018)	(0.026)	(0.008)	(0.012)	(0.009)	(0.012)
R <sup>2</sup>	0.290	0.260	0.014	0.016	0.094	0.086
N	1638	890	1638	890	1638	890

Notes: All models are estimated by OLS using the MEPS longitudinal sampling weights. Standard errors (in parentheses) are clustered at the individual level. Each column represents a separate regression. The dependent variable is an indicator for whether the individual filled an antidepressant prescription in the interview round. In columns (1) and (2), the transition round for each individual is dropped. In columns (3) and (4), individual-specific fixed effects are included. In columns (5) and (6), an alternative definition of depression is used where  $Dep_i = 1$  if  $K6 > 4$  in any interview round. Unreported covariates include age, age squared, family size, interview period length, and indicators for male, nonwhite (race), highest educational degree, Census region, living in an MSA, and marital status.

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 13: Difference-in-Differences Estimates of the Effect of May 1 Placebo Warning on Antidepressant Use of Females Aged 35-49 in Other Years (MEPS)

	35-49	36-44
Dep $\times$ Post <sub>1/5/2003</sub>	0.026 (0.046) [329]	0.080 (0.059) [184]
Dep $\times$ Post <sub>1/5/2004</sub>	0.037 (0.045) [364]	0.060 (0.057) [213]
Dep $\times$ Post <sub>1/5/2005</sub>	0.059 (0.041) [347]	0.044 (0.050) [193]
Dep $\times$ Post <sub>1/5/2006</sub>	-0.032 (0.043) [359]	-0.061 (0.059) [187]
Dep $\times$ Post <sub>1/5/2007</sub>	-0.076** (0.038) [364]	-0.139*** (0.056) [182]
Dep $\times$ Post <sub>1/5/2008</sub>	0.021 (0.044) [230]	0.015 (0.055) [130]
Dep $\times$ Post <sub>1/5/2009</sub>	-0.002 (0.038) [361]	0.075 (0.047) [210]

Notes: All models are estimated by OLS using the MEPS longitudinal sampling weights. Standard errors (in parentheses) are clustered at the individual level. Each cell represents a separate regression with the number of depressed individuals in brackets. The dependent variable is an indicator for whether the individual filled an antidepressant prescription in the interview round. Unreported covariates include an indicator for being depressed, an indicator for the post-“warning” period, a linear time trend, an interaction between the time trend and being depressed, an interaction between the time trend and the post-“warning” period, age, age squared, family size, interview period length, and indicators for male, nonwhite (race), highest educational degree, Census region, living in an MSA, and marital status.

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 14: Difference-in-Differences Estimates  
of the Effect of the Warning on Alternative Medical Use of Females Aged 35-49 (2006 MEPS Cohort)

	(1)	(2)	(3)	(4)	(5)	(6)
	Therapy Use		Benzodiazepine Use		Any MH Treatment	
	35-49	36-44	35-49	36-44	35-49	36-44
Dep	0.091***	0.121***	0.103***	0.083***	0.325***	0.288***
	(0.022)	(0.037)	(0.025)	(0.029)	(0.037)	(0.051)
Post	0.0166	-0.001	0.006	0.028	-0.030	-0.045
	(0.022)	(0.024)	(0.020)	(0.027)	(0.033)	(0.043)
Dep × Post	-0.046*	-0.043	0.046	0.064	-0.095**	-0.156***
	(0.026)	(0.036)	(0.032)	(0.047)	(0.039)	(0.059)
t	-0.001	0.004	0.003	0.007**	-0.001	0.006
	(0.003)	(0.005)	(0.003)	(0.003)	(0.004)	(0.006)
Dep × t	0.008	-0.004	-0.002	-0.007	0.044***	0.054***
	(0.009)	(0.014)	(0.011)	(0.013)	(0.014)	(0.019)
Post × t	-0.004	-0.001	-0.003	-0.010	0.007	0.008
	(0.006)	(0.008)	(0.006)	(0.057)	(0.009)	(0.012)
R <sup>2</sup>	0.089	0.094	0.080	0.066	0.307	0.279
N	1638	890	1638	890	1638	890

Notes: All models are estimated by OLS using the MEPS longitudinal sampling weights. Standard errors (in parentheses) are clustered at the individual level. Each column represents a separate regression. In columns (1) and (2), the dependent variable is an indicator for whether the individual used psychotherapy in the interview round. In columns (3) and (4), the dependent variable is an indicator for whether the individual filled a benzodiazepine prescription in the interview round. In columns (5) and (6), the dependent variable is an indicator for whether the individual filled an antidepressant prescription or used psychotherapy in the interview round. Unreported covariates include age, age squared, family size, interview period length, and indicators for male, nonwhite (race), highest educational degree, Census region, living in an MSA, and marital status.

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

# Employment Effects of Healthcare Policy: Evidence from the 2007 FDA Black Box Warning on Antidepressants

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## Web Appendix

Figure A1: 2004 Black Box Warning on Antidepressants Text

**Suicidality in Children and Adolescents**

Antidepressants increase the risk of suicidal thinking and behavior (suicidality) in children and adolescents with major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of [Drug Name] or any other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. [Drug Name] is not approved for use in pediatric patients except for patients with [Any approved pediatric claims here]. (See Warnings and Precautions: Pediatric Use)

Pooled analyses of short-term (4 to 16 weeks) placebo-controlled trials of nine antidepressant drugs (SSRIs and others) in children and adolescents with MDD, obsessive compulsive disorder (OCD), or other psychiatric disorders (a total of 24 trials involving over 4400 patients) have revealed a greater risk of adverse events representing suicidal thinking or behavior (suicidality) during the first few months of treatment in those receiving antidepressants. The average risk of such events on drug was 4%, twice the placebo risk of 2%. No suicides occurred in these trials.

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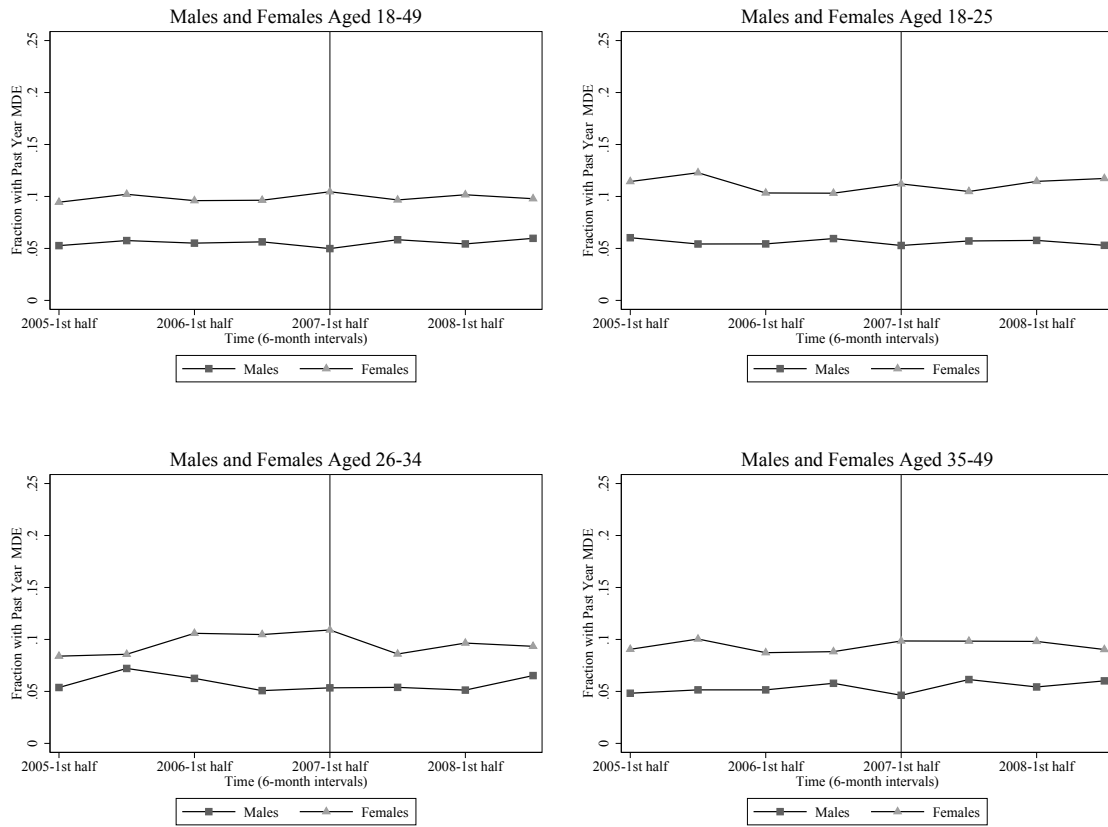
Figure A2: 2007 Black Box Warning on Antidepressants Text

**Suicidality and Antidepressant Drugs**

Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of [Insert established name] or any other antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction in risk with antidepressants compared to placebo in adults aged 65 and older. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. [Insert Drug Name] is not approved for use in pediatric patients. [The previous sentence would be replaced with the sentence, below, for the following drugs: Prozac: Prozac is approved for use in pediatric patients with MDD and obsessive compulsive disorder (OCD). Zoloft: Zoloft is not approved for use in pediatric patients except for patients with obsessive compulsive disorder (OCD). Fluvoxamine: Fluvoxamine is not approved for use in pediatric patients except for patients with obsessive compulsive disorder (OCD).] (See Warnings: Clinical Worsening and Suicide Risk, Precautions: Information for Patients, and Precautions: Pediatric Use)

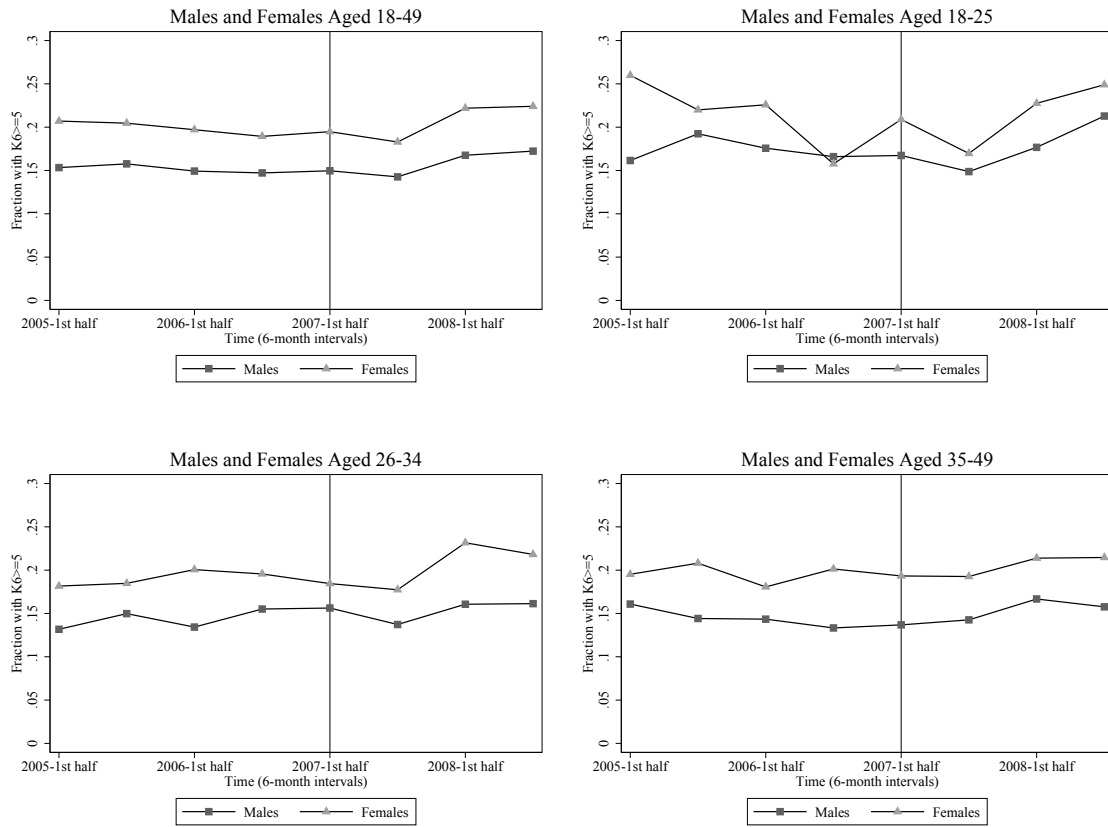


Figure A3: Proportion of Males and Females with a Past Year MDE Over Time (NSDUH)



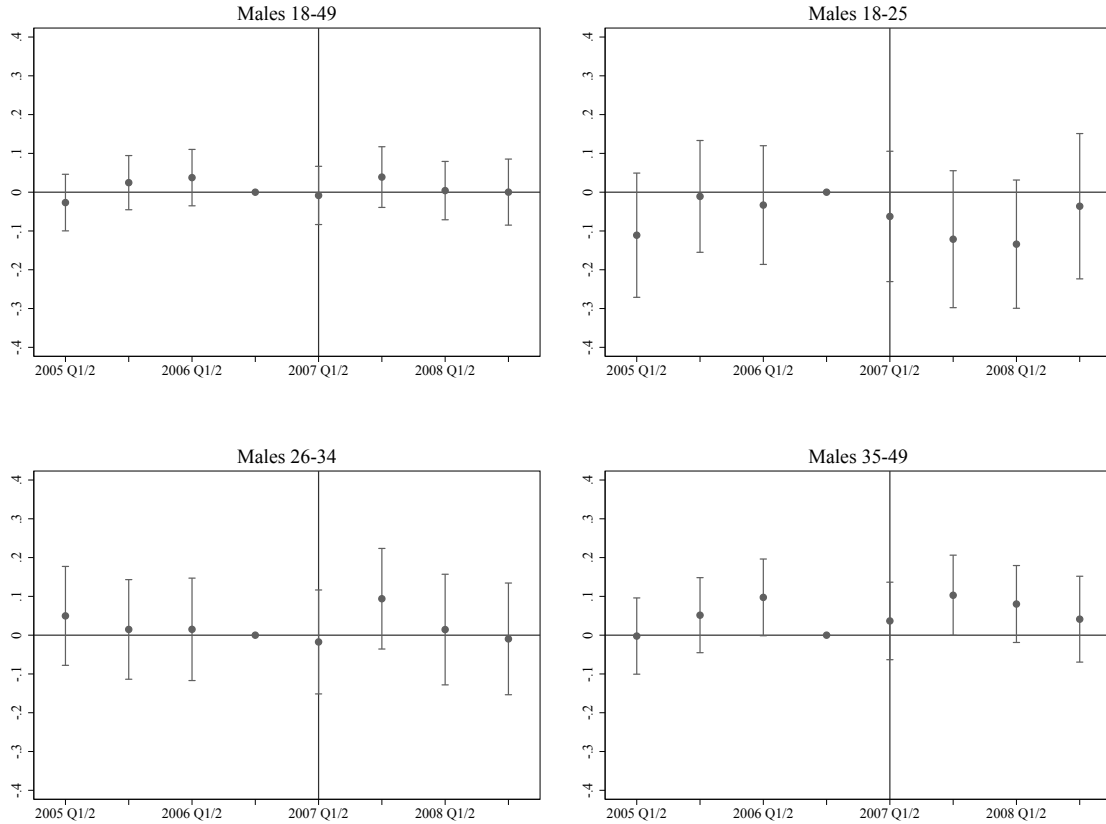
Notes: Proportions are calculated using the NSDUH sampling weights and include all observations in our sample from 2005-2008.

Figure A4: Proportion of Males and Females with  $K6 > 4$  Over Time (NHIS)



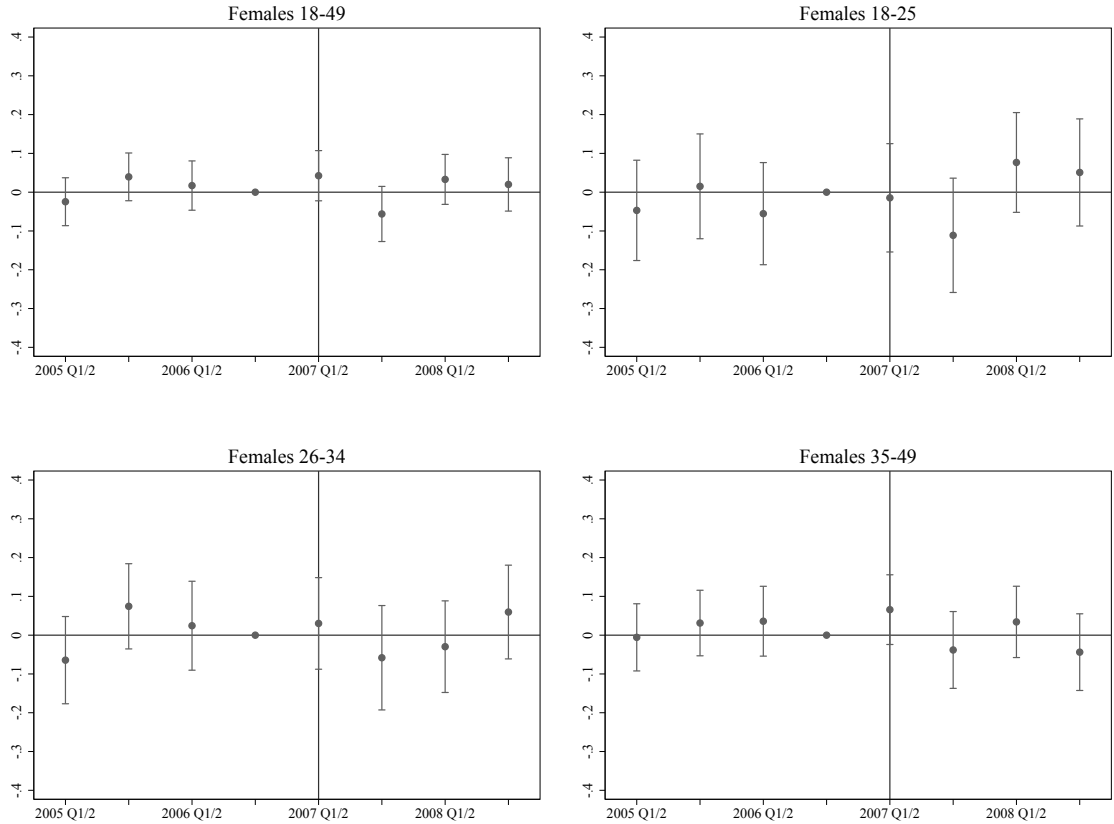
Notes: Proportions are calculated using the NHIS sampling weights and include all observations in our sample from 2005-2008.

Figure A5: Event Study Estimates of the Effect of the Warning on Male Employment (NHIS)



Notes: Each panel contains plots of the estimates of  $\pi_\ell$  from Equation 2 with 95 percent confidence interval bars. The dependent variable is an indicator for whether the individual was employed in the past week. The reference category is 2006Q3/Q4. Each specification includes an indicator variable for having  $K6 > 4$ , age and age squared, and indicator variables for education, marital status, race and ethnicity, Census region, and time (measured in 6-month periods). All models are estimated by OLS with heteroskedasticity-robust standard errors and NHIS sampling weights.

Figure A6: Event Study Estimates of the Effect of the Warning on Female Employment (NHIS)



Notes: Each panel contains plots of the estimates of  $\pi_\ell$  from Equation 2 with 95 percent confidence interval bars. The dependent variable is an indicator for whether the individual was employed in the past week. The reference category is 2006Q3/Q4. Each specification includes an indicator variable for having  $K6 > 4$ , age and age squared, and indicator variables for education, marital status, race and ethnicity, Census region, and time (measured in 6-month periods). All models are estimated by OLS with heteroskedasticity-robust standard errors and NHIS sampling weights.

Table A1: Difference-in-Differences Estimates of the Effect of the Warning on Employment of Males with Chronic Health Conditions (NSDUH)

	All	18-25	26-34	35-49
Panel A: Asthma				
Asthma	-0.029*** (0.010)	-0.025** (0.013)	-0.019 (0.020)	-0.042** (0.017)
Asthma $\times$ Post	0.004 (0.014)	-0.001 (0.018)	0.029 (0.026)	-0.009 (0.026)
R <sup>2</sup>	0.088	0.078	0.034	0.069
N	58165	33901	10157	14107
Panel B: Diabetes				
Diabetes	-0.113*** (0.024)	-0.076 (0.048)	-0.086* (0.052)	-0.125*** (0.029)
Diabetes $\times$ Post	0.023 (0.032)	0.000 (0.069)	-0.043 (0.075)	0.043 (0.038)
R <sup>2</sup>	0.090	0.077	0.036	0.073
N	58165	33901	10157	14107
Panel C: High Blood Pressure				
High BP	-0.029*** (0.010)	0.012 (0.021)	-0.020 (0.019)	-0.036*** (0.012)
High BP $\times$ Post	0.005 (0.014)	-0.011 (0.030)	-0.007 (0.028)	0.007 (0.017)
R <sup>2</sup>	0.088	0.077	0.034	0.069
N	58165	33901	10157	14107

Notes: All models are estimated by OLS with heteroskedasticity-robust standard errors (in parentheses) and NSDUH sampling weights. Each column within a panel represents a separate regression. The dependent variable is an indicator for whether the individual was employed in the past week. Unreported covariates include indicator variables for age (when possible), education, marital status, race and ethnicity, metro type, and time (measured in 6-month periods). In Panels A, B, and C, the treated group is defined as those who have ever been diagnosed with asthma, diabetes, and high blood pressure, respectively.

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table A2: Difference-in-Differences Estimates of the Effect of the Warning on Employment of Females with Chronic Health Conditions (NSDUH)

	All	18-25	26-34	35-49
Panel A: Asthma				
Asthma	-0.032*** (0.011)	-0.004 (0.012)	0.009 (0.023)	-0.068*** (0.019)
Asthma $\times$ Post	0.011 (0.015)	-0.008 (0.017)	0.014 (0.031)	0.015 (0.026)
R <sup>2</sup>	0.062	0.080	0.088	0.042
N	67152	38037	11805	17310
Panel B: Diabetes				
Diabetes	-0.042** (0.021)	-0.001 (0.036)	-0.010 (0.043)	-0.062** (0.026)
Diabetes $\times$ Post	-0.020 (0.029)	-0.041 (0.051)	-0.041 (0.064)	-0.007 (0.036)
R <sup>2</sup>	0.062	0.080	0.088	0.041
N	67152	38037	11805	17310
Panel C: High Blood Pressure				
High BP	-0.017 (0.013)	-0.074*** (0.023)	-0.008 (0.030)	-0.013 (0.016)
High BP $\times$ Post	0.007 (0.018)	0.047 (0.033)	-0.016 (0.042)	0.008 (0.022)
R <sup>2</sup>	0.061	0.080	0.087	0.040
N	67152	38037	11805	17310

Notes: All models are estimated by OLS with heteroskedasticity-robust standard errors (in parentheses). Each column within a panel represents a separate regression. The dependent variable is an indicator for whether the individual was employed in the past week. Unreported covariates include indicator variables for age (when possible), education, marital status, race and ethnicity, metro type, and time (measured in 6-month periods). In Panels A, B, and C, the treated group is defined as those who have ever been diagnosed with asthma, diabetes, and high blood pressure, respectively.

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table A3: Descriptive Statistics for Males by Age Group and Depression Status (NHIS)

	All		18-25		26-34		35-49	
	K6≤4	K6>4	K6≤4	K6>4	K6≤4	K6>4	K6≤4	K6>4
Employed								
Pre-warning	87.70	70.61	73.04	66.48	92.50	78.83	92.36	68.69
Post-warning	86.66	69.25	71.63	57.91	90.82	77.09	91.88	71.57
Education								
Less than high school	15.27	18.86	18.96	22.46	14.43	15.99	13.88	18.30
High school	28.50	31.43	31.43	31.01	26.75	28.69	28.01	33.24
Some college	19.99	22.75	33.16	30.89	17.70	23.35	14.66	17.47
Associate's	9.34	8.28	6.44	4.61	9.57	9.49	10.68	9.84
College graduate	26.90	18.67	10.02	11.04	31.54	22.48	32.77	21.16
Marital Status								
Married	51.71	40.08	12.00	11.88	54.10	45.00	70.30	54.46
Previously married	7.30	10.93	0.87	1.32	5.38	7.54	11.60	18.67
Never married	32.51	39.04	78.19	76.29	27.96	34.79	12.14	18.77
Cohabiting	8.48	9.96	8.95	10.51	12.55	12.67	5.96	8.10
Race								
White	80.39	81.41	78.73	81.35	78.54	80.77	82.26	81.80
Black	12.07	11.63	13.67	11.44	12.58	11.96	10.98	11.56
American Indian/Alaska Native	0.98	1.43	1.24	1.21	0.95	1.24	0.87	1.68
Asian	5.31	3.42	4.90	3.08	6.33	3.66	4.94	3.48
Multiple	1.25	2.11	1.45	2.92	1.61	2.37	0.95	1.48
Hispanic	18.17	14.41	19.34	15.24	22.39	16.13	15.21	12.93
Census Region								
Northeast	16.10	15.67	15.56	15.29	14.36	15.09	17.35	16.22
Midwest	24.27	25.57	24.41	26.48	25.18	27.52	23.68	23.91
South	36.96	36.45	37.44	37.84	37.29	34.07	36.53	36.94
West	22.67	22.32	22.59	20.38	23.17	23.32	22.44	22.93
N	21,215	3,931	4,540	937	6,025	1,029	10,650	1,965
Share	84.48%	15.52%	82.55%	17.45%	85.06%	14.94%	85.15%	14.85%

Notes: All means and proportions are calculated using the NHIS sampling weights and include all observations in our sample from 2005-2008. We report the raw number of individuals in each subsample; however, depression shares are weighted.

Table A4: Descriptive Statistics for Females by Age Group and Depression Status (NHIS)

	All		18-25		26-34		35-49	
	K6≤4	K6>4	K6≤4	K6>4	K6≤4	K6>4	K6≤4	K6>4
Employed								
Pre-warning	72.67	59.66	64.60	55.87	70.78	62.34	77.56	60.33
Post-warning	72.99	60.72	64.07	61.13	74.33	65.63	76.72	57.82
Education								
Less than high school	11.91	18.68	14.59	19.64	12.10	18.03	10.49	18.51
High school	24.21	29.31	25.78	30.55	21.19	25.20	25.08	30.83
Some college	22.06	24.64	36.51	35.23	17.49	22.97	17.45	19.84
Associate's	11.22	10.46	7.26	6.00	12.04	12.18	12.72	11.93
College graduate	30.60	16.92	15.86	8.59	37.18	21.62	34.27	18.89
Marital Status								
Married	56.11	43.00	21.72	16.21	61.39	48.17	70.12	54.63
Previously married	9.54	16.68	1.83	3.66	7.12	14.09	14.63	25.06
Never married	26.28	29.46	64.06	63.36	21.54	26.42	10.33	12.86
Cohabiting	8.07	10.86	12.39	16.77	9.95	11.31	4.93	7.45
Race								
White	78.66	78.59	76.53	77.70	78.17	76.28	79.97	80.29
Black	13.78	14.70	15.51	14.94	13.89	15.88	12.87	13.95
American Indian/Alaska Native	0.95	1.22	1.07	1.09	0.82	1.42	0.96	1.18
Asian	5.33	3.48	5.30	3.34	5.74	4.15	5.12	3.20
Multiple	1.28	2.01	1.59	2.93	1.37	2.27	1.08	1.38
Hispanic	15.59	15.49	17.09	16.30	18.70	16.68	13.17	14.42
Census Region								
Northeast	17.67	15.92	15.41	16.17	16.56	15.34	19.39	16.09
Midwest	24.03	23.88	25.80	25.24	23.56	23.88	23.41	23.14
South	36.99	38.43	37.34	36.62	38.16	39.11	36.19	39.04
West	21.30	21.78	21.45	21.96	21.72	21.67	21.01	21.73
N	24,104	6,549	5,093	1,428	7,071	1,857	11,940	3,264
Share	79.64%	20.36%	78.42%	21.58%	80.22%	19.78%	79.93%	20.07%

Notes: All means and proportions are calculated using the NHIS sampling weights and include all observations in our sample from 2005-2008. We report the raw number of individuals in each subsample; however, depression shares are weighted.



Table A5: Difference-in-Differences Estimates of the Effect of the Warning on Antidepressant Use  
Excluding Differential Linear Trends (2006 MEPS Cohort)

	All	18-25	26-34	35-49	36-44
Panel A: Males					
Dep	0.283*** (0.028)	0.257*** (0.074)	0.232*** (0.060)	0.315*** (0.035)	0.234*** (0.045)
Post	0.011** (0.005)	0.009 (0.007)	0.020* (0.011)	0.005 (0.007)	0.005 (0.009)
Dep × Post	0.010 (0.024)	-0.034 (0.077)	0.014 (0.047)	0.028 (0.030)	-0.003 (0.041)
R <sup>2</sup>	0.245	0.234	0.220	0.268	0.165
N	2554	491	601	1315	757
Panel B: Females					
Dep	0.317*** (0.019)	0.166*** (0.049)	0.241*** (0.037)	0.377*** (0.026)	0.357*** (0.036)
Post	-0.018** (0.008)	0.017 (0.014)	0.000 (0.018)	-0.033*** (0.010)	-0.046*** (0.014)
Dep × Post	0.037** (0.018)	0.048 (0.050)	0.065* (0.038)	0.040* (0.022)	0.009 (0.030)
R <sup>2</sup>	0.247	0.142	0.198	0.291	0.258
N	3081	476	793	1638	890

Notes: All models are estimated by OLS using the MEPS longitudinal sampling weights. Standard errors (in parentheses) are clustered at the individual level. Each column within a panel represents a separate regression. The dependent variable is an indicator for whether the individual filled an antidepressant prescription in the interview round. Unreported covariates include age, age squared, family size, interview period length, and indicators for male, nonwhite (race), highest educational degree, Census region, living in an MSA, marital status, and interview round.

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table A6: Difference-in-Differences Estimates of the Effect of the Warning on Marijuana and Alcohol Use of Females Aged 35-49 (NSDUH)

	(1)	(2)	(3)	(4)	(5)
	Marijuana Use in Past Month		Alcohol Use in Past Month		
	Any	20+ Days	20+ Days	Binged	Heavy
MDE	0.014** (0.007)	0.007 (0.004)	0.002 (0.008)	0.002 (0.013)	0.003 (0.006)
MDE $\times$ Post	0.003 (0.010)	0.002 (0.006)	-0.008 (0.011)	0.002 (0.019)	-0.007 (0.008)
R <sup>2</sup>	0.017	0.008	0.012	0.026	0.010
N	17343	17343	17343	17343	17343

Notes: All models are estimated by OLS with heteroskedasticity-robust standard errors (in parentheses) and NSDUH sampling weights. Each column represents a separate regression. In column (1), the dependent variable is an indicator for whether an individual used marijuana in the past month, and in column (2), the dependent variable is an indicator for whether an individual used marijuana 20 or more days in the past month. In column (3), the dependent variable is an indicator for consuming alcohol in any amount 20 or more days in the past month. In column (4), the dependent variable is an indicator for bingeing alcohol in the past month, defined as consuming 5 or more drinks on the same occasion. In column (5), the dependent variable is an indicator for using alcohol heavily in the past month, defined as consuming 5 or more drinks on the same occasion 5 or more days. Unreported covariates include indicator variables for age (when possible), education, marital status, race and ethnicity, metro type, and time (measured in 6-month periods).

\*  $p < 0.1$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$